

Fort Point, Penobscot River, ME - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:15	9.8	4:38	9.1	10:39	1.5	10:53	1.5	7:11	4:06	
2	Fri	5:06	10.0	5:39	9.0	11:38	1.3	11:48	1.6	7:11	4:06	
3	Sat	6:02	10.3	6:44	9.1			12:39	0.9	7:11	4:07	
4	Sun	6:59	10.7	7:43	9.3	12:44	1.5	1:36	0.4	7:11	4:08	
5	Mon	7:53	11.2	8:39	9.7	1:39	1.3	2:30	-0.2	7:11	4:09	
6	Tue	8:46	11.8	9:34	10.1	2:32	0.9	3:24	-0.8	7:11	4:10	
7	Wed	9:41	12.3	10:28	10.6	3:27	0.5	4:18	-1.3	7:11	4:11	
8	Thu	10:36	12.7	11:19	11.1	4:22	0.0	5:09	-1.7	7:11	4:13	
9	Fri	11:28	12.9			5:16	-0.4	5:58	-1.9	7:10	4:14	
10	Sat	12:09	11.4	12:21	12.9	6:09	-0.7	6:48	-1.9	7:10	4:15	
11	Sun	1:01	11.7	1:16	12.5	7:04	-0.8	7:40	-1.6	7:10	4:16	
12	Mon	1:56	11.8	2:15	12.0	8:03	-0.7	8:34	-1.2	7:09	4:17	
13	Tue	2:52	11.8	3:15	11.3	9:05	-0.5	9:29	-0.7	7:09	4:18	
14	Wed	3:49	11.6	4:18	10.6	10:07	-0.3	10:26	0.0	7:08	4:19	
15	Thu	4:49	11.4	5:26	10.0	11:13	0.0	11:28	0.6	7:08	4:21	
16	Fri	5:53	11.1	6:36	9.6			12:22	0.1	7:07	4:22	
17	Sat	6:57	10.9	7:39	9.5	12:34	1.0	1:25	0.2	7:07	4:23	
18	Sun	7:54	10.8	8:35	9.4	1:34	1.3	2:21	0.2	7:06	4:24	
19	Mon	8:46	10.7	9:28	9.3	2:29	1.4	3:14	0.2	7:05	4:26	
20	Tue	9:35	10.7	10:15	9.3	3:19	1.5	4:02	0.3	7:05	4:27	
21	Wed	10:19	10.6	10:56	9.3	4:05	1.5	4:44	0.3	7:04	4:28	
22	Thu	10:56	10.6	11:31	9.4	4:44	1.5	5:20	0.3	7:03	4:30	
23	Fri	11:27	10.5	11:59	9.4	5:17	1.5	5:50	0.3	7:02	4:31	
24	Sat	11:53	10.5			5:47	1.4	6:17	0.4	7:01	4:32	
25	Sun	12:24	9.6	12:22	10.4	6:19	1.3	6:45	0.4	7:01	4:34	
26	Mon	12:51	9.7	12:56	10.3	6:54	1.2	7:18	0.5	7:00	4:35	
27	Tue	1:24	9.9	1:36	10.1	7:34	1.1	7:55	0.7	6:59	4:36	
28	Wed	2:03	10.0	2:20	9.8	8:19	1.0	8:37	0.9	6:58	4:38	
29	Thu	2:46	10.2	3:08	9.5	9:07	1.0	9:22	1.2	6:57	4:39	
30	Fri	3:32	10.2	4:00	9.2	9:59	1.0	10:11	1.4	6:56	4:41	
31	Sat	4:23	10.3	4:59	9.0	10:57	0.9	11:06	1.6	6:55	4:42	