

Fort Point, Penobscot River, ME - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:39	9.7	11:43	10.9	5:27	0.3	5:31	1.5	5:21	8:01	
2	Sun			12:17	9.7	6:06	0.4	6:07	1.5	5:22	8:00	
3	Mon	12:18	10.8	12:49	9.8	6:39	0.5	6:39	1.5	5:24	7:58	
4	Tue	12:47	10.7	1:16	9.8	7:07	0.6	7:09	1.4	5:25	7:57	
5	Wed	1:14	10.5	1:41	9.9	7:34	0.7	7:42	1.3	5:26	7:56	
6	Thu	1:45	10.4	2:10	10.1	8:04	0.8	8:20	1.3	5:27	7:54	
7	Fri	2:21	10.2	2:46	10.2	8:39	1.0	9:03	1.3	5:28	7:53	
8	Sat	3:04	9.9	3:27	10.2	9:19	1.2	9:49	1.3	5:29	7:51	
9	Sun	3:50	9.6	4:12	10.3	10:03	1.5	10:39	1.3	5:30	7:50	
10	Mon	4:40	9.3	5:00	10.3	10:50	1.8	11:33	1.3	5:32	7:49	
11	Tue	5:34	9.0	5:55	10.3	11:42	2.0			5:33	7:47	
12	Wed	6:38	8.9	6:58	10.5	12:35	1.2	12:42	2.0	5:34	7:46	
13	Thu	7:49	9.1	8:02	11.0	1:42	0.9	1:46	1.8	5:35	7:44	
14	Fri	8:52	9.5	9:03	11.5	2:43	0.4	2:47	1.3	5:36	7:43	
15	Sat	9:49	10.1	10:00	12.1	3:39	-0.1	3:44	0.7	5:37	7:41	
16	Sun	10:43	10.8	10:56	12.5	4:33	-0.7	4:41	0.1	5:38	7:40	
17	Mon	11:34	11.5	11:49	12.8	5:24	-1.2	5:37	-0.6	5:40	7:38	
18	Tue			12:22	12.1	6:12	-1.5	6:29	-1.1	5:41	7:36	
19	Wed	12:40	12.9	1:10	12.5	6:58	-1.6	7:20	-1.3	5:42	7:35	
20	Thu	1:31	12.7	1:58	12.6	7:45	-1.4	8:14	-1.3	5:43	7:33	
21	Fri	2:25	12.2	2:51	12.5	8:35	-1.0	9:11	-1.0	5:44	7:31	
22	Sat	3:23	11.5	3:46	12.2	9:29	-0.4	10:10	-0.6	5:45	7:30	
23	Sun	4:23	10.8	4:45	11.7	10:26	0.3	11:13	-0.1	5:47	7:28	
24	Mon	5:27	10.2	5:48	11.2	11:26	0.9			5:48	7:26	
25	Tue	6:38	9.7	6:59	10.8	12:20	0.3	12:35	1.4	5:49	7:25	
26	Wed	7:48	9.5	8:05	10.7	1:31	0.6	1:45	1.7	5:50	7:23	
27	Thu	8:48	9.5	9:03	10.7	2:33	0.6	2:46	1.7	5:51	7:21	
28	Fri	9:42	9.6	9:54	10.7	3:28	0.6	3:39	1.6	5:52	7:20	
29	Sat	10:30	9.7	10:40	10.7	4:17	0.6	4:26	1.5	5:54	7:18	
30	Sun	11:12	9.8	11:20	10.7	5:01	0.6	5:09	1.4	5:55	7:16	
31	Mon	11:48	10.0	11:54	10.6	5:38	0.6	5:44	1.2	5:56	7:14	