

Fort Point, Penobscot River, ME - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:36	11.7	2:11	11.0	8:03	-0.5	8:20	0.4	4:54	8:23	
2	Fri	2:24	11.7	3:00	11.3	8:50	-0.5	9:14	0.3	4:55	8:23	
3	Sat	3:18	11.5	3:53	11.5	9:41	-0.4	10:11	0.2	4:55	8:23	
4	Sun	4:15	11.2	4:49	11.7	10:35	-0.2	11:11	0.1	4:56	8:22	
5	Mon	5:15	10.9	5:48	11.8	11:32	0.0			4:57	8:22	
6	Tue	6:23	10.7	6:55	11.9	12:16	0.0	12:34	0.2	4:57	8:22	
7	Wed	7:38	10.6	8:02	12.1	1:26	-0.2	1:40	0.3	4:58	8:21	
8	Thu	8:46	10.7	9:04	12.4	2:32	-0.6	2:43	0.2	4:59	8:21	
9	Fri	9:47	10.9	10:02	12.5	3:32	-0.8	3:42	0.1	4:59	8:20	
10	Sat	10:45	11.1	10:57	12.6	4:30	-1.1	4:39	0.1	5:00	8:20	
11	Sun	11:38	11.2	11:49	12.5	5:24	-1.2	5:34	0.0	5:01	8:19	
12	Mon			12:27	11.3	6:13	-1.2	6:23	0.0	5:02	8:19	
13	Tue	12:36	12.3	1:12	11.2	6:57	-1.0	7:08	0.2	5:03	8:18	
14	Wed	1:20	12.0	1:55	11.1	7:40	-0.7	7:53	0.4	5:04	8:18	
15	Thu	2:04	11.5	2:39	10.9	8:22	-0.3	8:39	0.7	5:05	8:17	
16	Fri	2:48	11.0	3:23	10.7	9:05	0.2	9:28	0.9	5:05	8:16	
17	Sat	3:35	10.5	4:07	10.5	9:49	0.6	10:17	1.2	5:06	8:15	
18	Sun	4:23	10.0	4:52	10.3	10:34	1.0	11:08	1.4	5:07	8:15	
19	Mon	5:13	9.6	5:41	10.1	11:21	1.4			5:08	8:14	
20	Tue	6:12	9.2	6:37	10.0	12:04	1.5	12:14	1.8	5:09	8:13	
21	Wed	7:18	9.0	7:36	10.1	1:06	1.5	1:12	2.0	5:10	8:12	
22	Thu	8:18	9.0	8:28	10.2	2:04	1.4	2:06	2.0	5:11	8:11	
23	Fri	9:07	9.1	9:12	10.4	2:55	1.2	2:54	1.9	5:12	8:10	
24	Sat	9:52	9.4	9:53	10.7	3:40	0.9	3:38	1.7	5:13	8:09	
25	Sun	10:33	9.6	10:32	11.1	4:22	0.6	4:21	1.4	5:14	8:08	
26	Mon	11:10	10.0	11:12	11.4	5:02	0.2	5:03	1.0	5:15	8:07	
27	Tue	11:47	10.5	11:52	11.8	5:40	-0.2	5:46	0.6	5:16	8:06	
28	Wed			12:24	11.0	6:18	-0.5	6:28	0.1	5:18	8:05	
29	Thu	12:34	12.0	1:04	11.4	6:57	-0.8	7:13	-0.2	5:19	8:04	
30	Fri	1:18	12.1	1:48	11.8	7:40	-0.9	8:01	-0.5	5:20	8:03	
31	Sat	2:07	12.0	2:37	12.0	8:27	-0.9	8:55	-0.5	5:21	8:01	