

Fort Point, Penobscot River, ME - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:01	11.7	3:31	12.1	9:19	-0.7	9:53	-0.5	5:22	8:00	
2	Mon	3:59	11.4	4:28	12.1	10:14	-0.4	10:54	-0.4	5:23	7:59	
3	Tue	5:01	10.9	5:30	11.9	11:12	0.0			5:24	7:58	
4	Wed	6:12	10.6	6:41	11.8	12:01	-0.3	12:18	0.3	5:25	7:56	
5	Thu	7:30	10.4	7:54	11.9	1:14	-0.3	1:29	0.5	5:26	7:55	
6	Fri	8:38	10.5	8:57	12.0	2:22	-0.4	2:36	0.4	5:28	7:54	
7	Sat	9:39	10.7	9:55	12.1	3:23	-0.6	3:36	0.3	5:29	7:52	
8	Sun	10:34	10.9	10:50	12.1	4:19	-0.7	4:33	0.2	5:30	7:51	
9	Mon	11:25	11.1	11:39	12.0	5:11	-0.8	5:24	0.1	5:31	7:49	
10	Tue			12:10	11.1	5:57	-0.7	6:10	0.1	5:32	7:48	
11	Wed	12:22	11.8	12:51	11.1	6:38	-0.5	6:50	0.2	5:33	7:46	
12	Thu	1:02	11.5	1:27	10.9	7:14	-0.2	7:28	0.4	5:34	7:45	
13	Fri	1:38	11.1	2:01	10.8	7:49	0.1	8:06	0.6	5:36	7:43	
14	Sat	2:13	10.7	2:36	10.6	8:25	0.5	8:47	0.8	5:37	7:42	
15	Sun	2:52	10.2	3:14	10.4	9:03	0.9	9:31	1.1	5:38	7:40	
16	Mon	3:35	9.8	3:56	10.2	9:46	1.3	10:19	1.3	5:39	7:39	
17	Tue	4:21	9.4	4:41	10.0	10:31	1.6	11:10	1.5	5:40	7:37	
18	Wed	5:12	9.1	5:32	9.9	11:21	1.9			5:41	7:35	
19	Thu	6:13	8.9	6:32	9.8	12:08	1.6	12:17	2.1	5:43	7:34	
20	Fri	7:24	8.8	7:37	10.0	1:12	1.6	1:19	2.1	5:44	7:32	
21	Sat	8:24	9.1	8:31	10.3	2:11	1.3	2:15	1.9	5:45	7:31	
22	Sun	9:11	9.4	9:17	10.7	3:00	1.0	3:04	1.5	5:46	7:29	
23	Mon	9:54	9.9	10:01	11.2	3:44	0.5	3:50	1.0	5:47	7:27	
24	Tue	10:35	10.5	10:46	11.6	4:27	0.1	4:36	0.4	5:48	7:25	
25	Wed	11:16	11.1	11:30	12.0	5:09	-0.4	5:22	-0.2	5:50	7:24	
26	Thu	11:57	11.7			5:50	-0.8	6:08	-0.7	5:51	7:22	
27	Fri	12:15	12.3	12:40	12.3	6:32	-1.1	6:54	-1.1	5:52	7:20	
28	Sat	1:01	12.4	1:25	12.6	7:16	-1.2	7:43	-1.3	5:53	7:19	
29	Sun	1:50	12.2	2:15	12.7	8:04	-1.1	8:37	-1.3	5:54	7:17	
30	Mon	2:45	11.9	3:10	12.6	8:57	-0.7	9:36	-1.0	5:55	7:15	
31	Tue	3:45	11.4	4:10	12.3	9:55	-0.3	10:39	-0.7	5:57	7:13	