

Fort Point, Penobscot River, ME - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:51	10.7	6:15	11.4	11:54	0.6			6:33	6:16	
2	Sat	7:04	10.6	7:29	11.3	12:43	-0.1	1:09	0.7	6:34	6:14	
3	Sun	8:10	10.8	8:32	11.3	1:51	-0.1	2:16	0.5	6:35	6:12	
4	Mon	9:05	11.0	9:27	11.2	2:49	-0.1	3:14	0.4	6:37	6:10	
5	Tue	9:56	11.1	10:18	11.2	3:41	0.0	4:05	0.2	6:38	6:08	
6	Wed	10:41	11.2	11:04	11.0	4:28	0.1	4:52	0.2	6:39	6:06	
7	Thu	11:22	11.1	11:44	10.8	5:10	0.3	5:33	0.2	6:40	6:05	
8	Fri	11:57	11.0			5:47	0.6	6:08	0.2	6:42	6:03	
9	Sat	12:19	10.6	12:25	10.9	6:17	0.8	6:38	0.3	6:43	6:01	
10	Sun	12:48	10.3	12:48	10.8	6:44	1.1	7:07	0.4	6:44	5:59	
11	Mon	1:13	10.1	1:14	10.7	7:12	1.2	7:39	0.6	6:45	5:58	
12	Tue	1:42	9.9	1:48	10.6	7:46	1.4	8:16	0.7	6:47	5:56	
13	Wed	2:19	9.7	2:29	10.5	8:25	1.6	9:00	0.9	6:48	5:54	
14	Thu	3:04	9.5	3:16	10.3	9:11	1.8	9:48	1.1	6:49	5:52	
15	Fri	3:53	9.4	4:07	10.1	10:02	2.0	10:40	1.2	6:50	5:51	
16	Sat	4:46	9.3	5:01	10.1	10:57	2.0	11:35	1.2	6:52	5:49	
17	Sun	5:43	9.4	6:01	10.1	11:56	1.9			6:53	5:47	
18	Mon	6:46	9.7	7:07	10.3	12:35	1.1	1:00	1.5	6:54	5:46	
19	Tue	7:47	10.3	8:09	10.7	1:34	0.8	2:01	0.9	6:55	5:44	
20	Wed	8:39	11.0	9:04	11.2	2:27	0.3	2:55	0.1	6:57	5:42	
21	Thu	9:28	11.8	9:56	11.6	3:17	-0.1	3:47	-0.6	6:58	5:41	
22	Fri	10:16	12.5	10:48	12.0	4:05	-0.5	4:38	-1.3	6:59	5:39	
23	Sat	11:05	13.1	11:40	12.3	4:55	-0.9	5:30	-1.9	7:01	5:37	
24	Sun	11:55	13.4			5:45	-1.1	6:20	-2.2	7:02	5:36	
25	Mon	12:30	12.3	12:44	13.5	6:34	-1.1	7:11	-2.2	7:03	5:34	
26	Tue	1:22	12.2	1:36	13.3	7:25	-0.9	8:04	-1.9	7:05	5:33	
27	Wed	2:18	11.8	2:33	12.8	8:20	-0.5	9:03	-1.5	7:06	5:31	
28	Thu	3:20	11.5	3:37	12.3	9:22	-0.1	10:06	-0.9	7:07	5:30	
29	Fri	4:26	11.1	4:44	11.7	10:28	0.4	11:10	-0.4	7:09	5:28	
30	Sat	5:32	10.9	5:54	11.2	11:37	0.7			7:10	5:27	
31	Sun	5:40	10.8	6:05	10.9	12:17	0.0	11:49 AM	0.8	6:11	4:26	