

Fort Point, Penobscot River, ME - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:05	11.8	12:18	13.1	6:08	-0.9	6:45	-2.1	7:11	4:05	
2	Tue	12:58	11.9	1:13	12.8	7:03	-0.9	7:39	-1.9	7:11	4:06	
3	Wed	1:55	12.0	2:13	12.4	8:02	-0.8	8:37	-1.6	7:11	4:07	
4	Thu	2:56	11.9	3:17	11.8	9:06	-0.6	9:36	-1.1	7:11	4:08	
5	Fri	3:57	11.8	4:23	11.2	10:11	-0.4	10:37	-0.6	7:11	4:09	
6	Sat	5:02	11.6	5:34	10.7	11:20	-0.2	11:43	-0.1	7:11	4:10	
7	Sun	6:08	11.5	6:44	10.4			12:29	-0.2	7:11	4:11	
8	Mon	7:10	11.5	7:45	10.3	12:48	0.2	1:32	-0.2	7:11	4:12	
9	Tue	8:06	11.4	8:41	10.2	1:46	0.4	2:28	-0.3	7:10	4:13	
10	Wed	8:57	11.4	9:33	10.1	2:40	0.6	3:20	-0.3	7:10	4:15	
11	Thu	9:45	11.2	10:20	10.0	3:30	0.8	4:07	-0.2	7:10	4:16	
12	Fri	10:28	11.1	11:02	9.9	4:15	0.9	4:49	-0.1	7:09	4:17	
13	Sat	11:05	10.9	11:37	9.8	4:53	1.0	5:25	0.0	7:09	4:18	
14	Sun	11:35	10.8			5:26	1.1	5:56	0.1	7:08	4:19	
15	Mon	12:07	9.8	12:01	10.7	5:56	1.1	6:24	0.2	7:08	4:20	
16	Tue	12:33	9.8	12:29	10.5	6:27	1.1	6:55	0.3	7:07	4:22	
17	Wed	1:01	9.8	1:04	10.4	7:03	1.2	7:30	0.4	7:07	4:23	
18	Thu	1:36	9.9	1:45	10.2	7:45	1.2	8:10	0.5	7:06	4:24	
19	Fri	2:17	9.9	2:31	10.0	8:31	1.2	8:54	0.7	7:05	4:25	
20	Sat	3:02	10.0	3:20	9.7	9:20	1.2	9:40	0.9	7:05	4:27	
21	Sun	3:49	10.1	4:11	9.5	10:12	1.1	10:30	1.1	7:04	4:28	
22	Mon	4:40	10.2	5:09	9.4	11:09	1.0	11:25	1.1	7:03	4:29	
23	Tue	5:37	10.4	6:15	9.4			12:12	0.7	7:02	4:31	
24	Wed	6:38	10.8	7:19	9.7	12:24	1.0	1:13	0.2	7:02	4:32	
25	Thu	7:36	11.4	8:18	10.2	1:23	0.7	2:10	-0.4	7:01	4:33	
26	Fri	8:32	11.9	9:14	10.7	2:18	0.3	3:04	-1.0	7:00	4:35	
27	Sat	9:27	12.5	10:09	11.3	3:14	-0.2	3:58	-1.6	6:59	4:36	
28	Sun	10:22	12.9	11:01	11.8	4:10	-0.8	4:50	-2.1	6:58	4:38	
29	Mon	11:15	13.2	11:51	12.2	5:03	-1.2	5:39	-2.3	6:57	4:39	
30	Tue			12:07	13.2	5:56	-1.5	6:29	-2.3	6:56	4:40	
31	Wed	12:42	12.4	1:00	12.8	6:49	-1.5	7:20	-2.1	6:55	4:42	