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# Fort Point, Penobscot River, ME - May 1980

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 12:07 | 10.8 | 12:33 | 10.2 | 6:27 | 0.3 | 6:32 | 1.1 | 5:24 | 7:39 | |
| 2 | Fri | 12:34 | 11.0 | 1:02 | 10.2 | 6:59 | 0.2 | 7:05 | 1.1 | 5:23 | 7:40 | |
| 3 | Sat | 1:07 | 11.1 | 1:38 | 10.2 | 7:34 | 0.1 | 7:43 | 1.2 | 5:22 | 7:42 | |
| 4 | Sun | 1:46 | 11.2 | 2:21 | 10.2 | 8:16 | 0.1 | 8:27 | 1.2 | 5:20 | 7:43 | |
| 5 | Mon | 2:32 | 11.2 | 3:10 | 10.1 | 9:03 | 0.2 | 9:17 | 1.3 | 5:19 | 7:44 | |
| 6 | Tue | 3:23 | 11.1 | 4:04 | 10.1 | 9:55 | 0.2 | 10:13 | 1.3 | 5:18 | 7:45 | |
| 7 | Wed | 4:18 | 11.0 | 5:01 | 10.2 | 10:51 | 0.2 | 11:12 | 1.3 | 5:16 | 7:46 | |
| 8 | Thu | 5:18 | 10.9 | 6:03 | 10.4 | 11:50 | 0.2 | | | 5:15 | 7:47 | |
| 9 | Fri | 6:24 | 10.9 | 7:12 | 10.8 | 12:17 | 1.0 | 12:55 | 0.1 | 5:14 | 7:49 | |
| 10 | Sat | 7:36 | 11.1 | 8:15 | 11.4 | 1:26 | 0.6 | 1:57 | -0.1 | 5:12 | 7:50 | |
| 11 | Sun | 8:42 | 11.5 | 9:11 | 12.1 | 2:30 | -0.1 | 2:54 | -0.4 | 5:11 | 7:51 | |
| 12 | Mon | 9:41 | 11.8 | 10:04 | 12.6 | 3:29 | -0.7 | 3:49 | -0.7 | 5:10 | 7:52 | |
| 13 | Tue | 10:38 | 12.0 | 10:57 | 13.0 | 4:25 | -1.3 | 4:42 | -0.8 | 5:09 | 7:53 | |
| 14 | Wed | 11:33 | 12.1 | 11:47 | 13.2 | 5:19 | -1.7 | 5:33 | -0.8 | 5:08 | 7:54 | |
| 15 | Thu | | | 12:24 | 12.0 | 6:10 | -1.9 | 6:23 | -0.7 | 5:07 | 7:56 | |
| 16 | Fri | 12:35 | 13.1 | 1:13 | 11.8 | 6:59 | -1.8 | 7:11 | -0.4 | 5:06 | 7:57 | |
| 17 | Sat | 1:23 | 12.8 | 2:04 | 11.5 | 7:48 | -1.5 | 8:01 | 0.1 | 5:05 | 7:58 | |
| 18 | Sun | 2:13 | 12.3 | 2:59 | 11.0 | 8:40 | -1.0 | 8:54 | 0.6 | 5:03 | 7:59 | |
| 19 | Mon | 3:07 | 11.7 | 3:55 | 10.7 | 9:35 | -0.4 | 9:52 | 1.0 | 5:03 | 8:00 | |
| 20 | Tue | 4:04 | 11.2 | 4:52 | 10.3 | 10:30 | 0.1 | 10:50 | 1.4 | 5:02 | 8:01 | |
| 21 | Wed | 5:03 | 10.6 | 5:50 | 10.1 | 11:26 | 0.6 | 11:52 | 1.6 | 5:01 | 8:02 | |
| 22 | Thu | 6:05 | 10.2 | 6:50 | 10.0 | | | 12:25 | 0.9 | 5:00 | 8:03 | |
| 23 | Fri | 7:09 | 10.0 | 7:47 | 10.1 | 12:57 | 1.7 | 1:24 | 1.1 | 4:59 | 8:04 | |
| 24 | Sat | 8:08 | 9.9 | 8:36 | 10.3 | 1:56 | 1.5 | 2:16 | 1.2 | 4:58 | 8:05 | |
| 25 | Sun | 8:58 | 9.9 | 9:20 | 10.4 | 2:47 | 1.3 | 3:02 | 1.3 | 4:57 | 8:06 | |
| 26 | Mon | 9:44 | 9.9 | 9:59 | 10.6 | 3:33 | 1.1 | 3:43 | 1.3 | 4:57 | 8:07 | |
| 27 | Tue | 10:27 | 9.9 | 10:34 | 10.7 | 4:15 | 0.9 | 4:20 | 1.4 | 4:56 | 8:08 | |
| 28 | Wed | 11:05 | 9.9 | 11:05 | 10.9 | 4:53 | 0.7 | 4:55 | 1.4 | 4:55 | 8:09 | |
| 29 | Thu | 11:38 | 10.0 | 11:34 | 11.1 | 5:28 | 0.4 | 5:29 | 1.3 | 4:55 | 8:10 | |
| 30 | Fri | | | 12:08 | 10.1 | 6:02 | 0.2 | 6:03 | 1.2 | 4:54 | 8:11 | |
| 31 | Sat | 12:06 | 11.3 | 12:41 | 10.3 | 6:36 | 0.0 | 6:40 | 1.1 | 4:53 | 8:12 | |