

































Fort Point, Penobscot River, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:06	10.3	1:16	11.2	7:11	0.7	7:43	-0.4	7:11	4:06	
2	Tue	1:53	10.6	2:08	11.0	8:03	0.5	8:31	-0.2	7:11	4:07	
3	Wed	2:43	10.9	3:03	10.7	8:59	0.4	9:22	-0.1	7:11	4:08	
4	Thu	3:36	11.1	4:01	10.4	9:57	0.2	10:16	0.2	7:11	4:08	
5	Fri	4:32	11.3	5:06	10.1	11:01	0.1	11:16	0.5	7:11	4:09	
6	Sat	5:35	11.4	6:20	9.9			12:11	-0.1	7:11	4:11	
7	Sun	6:43	11.6	7:32	10.0	12:22	0.6	1:19	-0.4	7:11	4:12	
8	Mon	7:47	11.9	8:36	10.2	1:26	0.6	2:21	-0.8	7:10	4:13	
9	Tue	8:47	12.1	9:35	10.4	2:27	0.4	3:20	-1.0	7:10	4:14	
10	Wed	9:45	12.3	10:31	10.6	3:26	0.3	4:16	-1.2	7:10	4:15	
11	Thu	10:39	12.3	11:21	10.8	4:23	0.1	5:07	-1.3	7:09	4:16	
12	Fri	11:28	12.2			5:14	0.0	5:53	-1.2	7:09	4:17	
13	Sat	12:06	10.9	12:14	11.9	6:02	0.0	6:36	-1.0	7:09	4:18	
14	Sun	12:51	10.8	12:59	11.5	6:48	0.2	7:19	-0.6	7:08	4:20	
15	Mon	1:35	10.7	1:45	10.9	7:35	0.4	8:02	-0.1	7:08	4:21	
16	Tue	2:19	10.5	2:32	10.3	8:25	0.7	8:46	0.4	7:07	4:22	
17	Wed	3:04	10.3	3:21	9.8	9:14	0.9	9:30	0.9	7:07	4:23	
18	Thu	3:48	10.1	4:11	9.2	10:06	1.2	10:17	1.4	7:06	4:25	
19	Fri	4:36	9.9	5:10	8.8	11:02	1.4	11:09	1.8	7:05	4:26	
20	Sat	5:32	9.7	6:18	8.5			12:05	1.4	7:04	4:27	
21	Sun	6:32	9.7	7:20	8.5	12:08	2.1	1:05	1.4	7:04	4:29	
22	Mon	7:27	9.8	8:12	8.6	1:05	2.2	1:58	1.2	7:03	4:30	
23	Tue	8:14	10.0	8:59	8.8	1:56	2.1	2:46	0.9	7:02	4:31	
24	Wed	8:57	10.3	9:42	9.0	2:41	1.9	3:30	0.6	7:01	4:33	
25	Thu	9:37	10.6	10:19	9.4	3:24	1.6	4:09	0.3	7:00	4:34	
26	Fri	10:15	10.9	10:53	9.8	4:05	1.3	4:45	-0.1	6:59	4:35	
27	Sat	10:53	11.3	11:26	10.3	4:45	0.8	5:20	-0.4	6:58	4:37	
28	Sun	11:32	11.5			5:26	0.4	5:56	-0.7	6:57	4:38	
29	Mon	12:02	10.8	12:13	11.7	6:07	-0.1	6:35	-0.8	6:56	4:39	
30	Tue	12:42	11.2	12:59	11.6	6:53	-0.3	7:18	-0.8	6:55	4:41	
31	Wed	1:27	11.5	1:49	11.3	7:44	-0.5	8:06	-0.6	6:54	4:42	