

































## Fort Point, Penobscot River, ME - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:03	12.3	1:33	11.4	7:25	-1.3	7:42	-0.6	6:12	5:22	
2	Fri	1:54	12.3	2:29	10.9	8:21	-1.1	8:37	-0.2	6:10	5:24	
3	Sat	2:51	12.0	3:31	10.4	9:22	-0.7	9:36	0.3	6:09	5:25	
4	Sun	3:52	11.6	4:41	9.9	10:28	-0.3	10:43	0.8	6:07	5:26	
5	Mon	5:04	11.2	6:03	9.7	11:44	-0.1			6:05	5:28	
6	Tue	6:25	11.1	7:17	9.8	12:00	1.0	12:59	-0.1	6:03	5:29	
7	Wed	7:36	11.2	8:18	10.1	1:15	0.9	2:02	-0.2	6:01	5:30	
8	Thu	8:36	11.3	9:13	10.5	2:19	0.6	2:58	-0.4	6:00	5:31	
9	Fri	9:30	11.4	10:03	10.7	3:15	0.4	3:49	-0.4	5:58	5:33	
10	Sat	10:19	11.3	10:46	10.9	4:06	0.1	4:34	-0.4	5:56	5:34	
11	Sun	11:02	11.2	11:23	10.9	4:51	0.0	5:12	-0.2	5:54	5:35	
12	Mon	11:40	10.9	11:55	10.9	5:29	0.0	5:46	0.1	5:52	5:37	
13	Tue			12:13	10.6	6:03	0.1	6:15	0.4	5:51	5:38	
14	Wed	12:23	10.7	12:43	10.2	6:36	0.2	6:45	0.8	5:49	5:39	
15	Thu	12:51	10.6	1:16	9.9	7:10	0.4	7:18	1.1	5:47	5:40	
16	Fri	1:24	10.4	1:53	9.5	7:49	0.7	7:57	1.5	5:45	5:42	
17	Sat	2:03	10.2	2:37	9.1	8:34	1.0	8:42	1.8	5:43	5:43	
18	Sun	2:49	9.9	3:26	8.8	9:23	1.3	9:31	2.1	5:41	5:44	
19	Mon	3:39	9.7	4:20	8.5	10:17	1.5	10:25	2.4	5:40	5:45	
20	Tue	4:34	9.5	5:27	8.4	11:19	1.6	11:27	2.4	5:38	5:47	
21	Wed	5:40	9.5	6:40	8.6			12:25	1.5	5:36	5:48	
22	Thu	6:48	9.8	7:35	9.1	12:34	2.2	1:22	1.1	5:34	5:49	
23	Fri	7:43	10.2	8:20	9.7	1:31	1.7	2:09	0.7	5:32	5:51	
24	Sat	8:32	10.7	9:01	10.5	2:21	1.0	2:52	0.3	5:30	5:52	
25	Sun	9:19	11.2	9:43	11.2	3:09	0.3	3:35	-0.2	5:29	5:53	
26	Mon	10:05	11.6	10:25	11.9	3:56	-0.5	4:18	-0.6	5:27	5:54	
27	Tue	10:52	11.9	11:09	12.5	4:43	-1.1	5:01	-0.8	5:25	5:55	
28	Wed	11:38	12.0	11:53	12.9	5:30	-1.6	5:45	-0.9	5:23	5:57	
29	Thu			12:26	11.8	6:17	-1.8	6:31	-0.8	5:21	5:58	
30	Fri	12:41	12.9	1:19	11.5	7:09	-1.7	7:23	-0.4	5:19	5:59	
31	Sat	1:35	12.6	2:18	11.0	8:06	-1.3	8:21	0.1	5:17	6:00	