

































Fort Point, Penobscot River, ME - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:45	9.6	7:12	10.5	12:34	1.1	12:48	1.4	4:54	8:23	
2	Mon	7:47	9.4	8:06	10.4	1:35	1.2	1:44	1.7	4:54	8:23	
3	Tue	8:43	9.2	8:54	10.4	2:30	1.1	2:35	1.9	4:55	8:23	
4	Wed	9:33	9.2	9:39	10.5	3:20	1.0	3:22	2.1	4:56	8:23	
5	Thu	10:20	9.2	10:21	10.5	4:07	0.9	4:05	2.1	4:56	8:22	
6	Fri	11:04	9.2	10:59	10.6	4:51	0.8	4:46	2.1	4:57	8:22	
7	Sat	11:42	9.3	11:33	10.7	5:30	0.7	5:23	1.9	4:58	8:22	
8	Sun			12:14	9.5	6:04	0.6	5:58	1.7	4:58	8:21	
9	Mon	12:05	10.9	12:42	9.7	6:35	0.4	6:33	1.5	4:59	8:21	
10	Tue	12:38	11.1	1:13	10.0	7:07	0.2	7:11	1.3	5:00	8:20	
11	Wed	1:15	11.2	1:49	10.3	7:43	0.1	7:53	1.0	5:01	8:20	
12	Thu	1:57	11.2	2:30	10.6	8:22	0.1	8:40	0.8	5:02	8:19	
13	Fri	2:44	11.0	3:17	10.9	9:06	0.1	9:32	0.7	5:02	8:19	
14	Sat	3:35	10.8	4:06	11.2	9:54	0.2	10:27	0.5	5:03	8:18	
15	Sun	4:29	10.6	4:58	11.4	10:45	0.4	11:25	0.4	5:04	8:17	
16	Mon	5:28	10.2	5:55	11.5	11:40	0.7			5:05	8:16	
17	Tue	6:35	10.0	7:00	11.7	12:30	0.2	12:41	0.8	5:06	8:16	
18	Wed	7:49	10.0	8:07	11.9	1:39	0.0	1:47	0.9	5:07	8:15	
19	Thu	8:57	10.2	9:10	12.2	2:44	-0.4	2:50	0.7	5:08	8:14	
20	Fri	9:59	10.4	10:10	12.4	3:45	-0.7	3:51	0.5	5:09	8:13	
21	Sat	10:58	10.8	11:08	12.6	4:43	-1.0	4:50	0.2	5:10	8:12	
22	Sun	11:52	11.1			5:38	-1.2	5:46	0.0	5:11	8:11	
23	Mon	12:02	12.6	12:40	11.3	6:27	-1.2	6:37	-0.1	5:12	8:11	
24	Tue	12:51	12.4	1:26	11.4	7:13	-1.1	7:26	-0.1	5:13	8:10	
25	Wed	1:38	12.0	2:12	11.3	7:57	-0.8	8:15	0.1	5:14	8:09	
26	Thu	2:26	11.5	2:59	11.1	8:42	-0.3	9:06	0.4	5:15	8:07	
27	Fri	3:16	10.9	3:46	10.9	9:28	0.3	9:58	0.7	5:16	8:06	
28	Sat	4:07	10.3	4:33	10.6	10:14	0.8	10:50	1.0	5:17	8:05	
29	Sun	4:59	9.7	5:21	10.3	11:02	1.4	11:46	1.3	5:18	8:04	
30	Mon	5:56	9.2	6:17	10.1	11:54	1.9			5:19	8:03	
31	Tue	7:02	8.9	7:18	9.9	12:48	1.5	12:54	2.2	5:20	8:02	