US HARBORS www.USHarbors.com

Fort Point, Penobscot River, ME - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:01	11.3	1:28	10.6	7:23	-0.3	7:38	0.2	6:11	5:23	
2	Mon	1:47	11.4	2:18	10.3	8:13	-0.2	8:27	0.5	6:10	5:24	
3	Tue	2:38	11.3	3:14	9.9	9:09	-0.1	9:22	0.8	6:08	5:25	
4	Wed	3:35	11.2	4:16	9.6	10:10	0.1	10:23	1.0	6:06	5:27	
5	Thu	4:38	11.0	5:30	9.5	11:19	0.2	11:34	1.1	6:04	5:28	
6	Fri	5:53	11.0	6:52	9.7			12:35	0.0	6:03	5:29	
7	Sat	7:11	11.3	7:59	10.2	12:50	0.9	1:42	-0.3	6:01	5:31	
8	Sun	9:16	11.6	9:57	10.8	1:57	0.4	3:41	-0.7	6:59	6:32	
9	Mon	10:15	11.9	10:50	11.4	3:58	-0.1	4:35	-1.0	6:57	6:33	
10	Tue	11:09	12.1	11:38	11.8	4:54	-0.6	5:25	-1.2	6:55	6:35	
11	Wed	11:59	12.1			5:46	-1.0	6:09	-1.1	6:54	6:36	
12	Thu	12:22	12.0	12:44	11.9	6:32	-1.1	6:51	-0.9	6:52	6:37	
13	Fri	1:02	12.0	1:27	11.5	7:16	-1.1	7:31	-0.5	6:50	6:38	
14	Sat	1:42	11.8	2:10	10.9	7:59	-0.7	8:11	0.1	6:48	6:40	
15	Sun	2:23	11.4	2:55	10.3	8:44	-0.3	8:54	0.7	6:46	6:41	
16	Mon	3:06	10.9	3:44	9.7	9:32	0.2	9:41	1.3	6:44	6:42	
17	Tue	3:54	10.4	4:35	9.2	10:23	0.7	10:31	1.8	6:43	6:43	
18	Wed	4:45	10.0	5:33	8.8	11:19	1.2	11:27	2.2	6:41	6:45	
19	Thu	5:44	9.6	6:43	8.5			12:23	1.5	6:39	6:46	
20	Fri	6:56	9.5	7:50	8.6	12:33	2.4	1:30	1.5	6:37	6:47	
21	Sat	8:02	9.6	8:44	8.9	1:42	2.3	2:27	1.4	6:35	6:48	
22	Sun	8:54	9.8	9:29	9.2	2:38	2.0	3:14	1.2	6:33	6:50	
23	Mon	9:39	10.0	10:08	9.6	3:25	1.7	3:55	1.0	6:32	6:51	
24	Tue	10:19	10.2	10:42	10.0	4:07	1.3	4:32	0.8	6:30	6:52	
25	Wed	10:55	10.4	11:12	10.5	4:45	0.8	5:05	0.6	6:28	6:53	
26	Thu	11:29	10.7	11:42	11.0	5:22	0.3	5:38	0.4	6:26	6:55	
27	Fri			12:04	10.9	5:59	-0.1	6:12	0.2	6:24	6:56	
28	Sat	12:16	11.5	12:42	11.0	6:37	-0.5	6:48	0.1	6:22	6:57	
29	Sun	12:54	11.8	1:23	10.9	7:18	-0.8	7:29	0.1	6:20	6:58	
30	Mon	1:36	12.0	2:10	10.8	8:04	-0.8	8:16	0.3	6:19	7:00	
31	Tue	2:25	12.0	3:04	10.5	8:56	-0.7	9:09	0.5	6:17	7:01	