US HARBORS www.USHarbors.com

Fort Point, Penobscot River, ME - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**7:05**	10.3	**7:31**	11.4	**12:52**	0.2	**1:08**	0.7	4:54	8:23	
2	Thu	**8:10**	10.0	**8:29**	11.3	**1:56**	0.3	**2:08**	1.1	4:55	8:23	
3	Fri	**9:07**	9.9	**9:21**	11.2	**2:54**	0.3	**3:03**	1.3	4:55	8:23	
4	Sat	**10:00**	9.7	**10:10**	11.1	**3:47**	0.3	**3:53**	1.5	4:56	8:22	
5	Sun	**10:50**	9.6	**10:55**	10.9	**4:37**	0.4	**4:41**	1.7	4:57	8:22	
6	Mon	**11:35**	9.6	**11:35**	10.8	**5:22**	0.4	**5:23**	1.8	4:57	8:22	
7	Tue			**12:13**	9.5	**6:01**	0.5	**5:59**	1.8	4:58	8:21	
8	Wed	**12:09**	10.8	**12:46**	9.5	**6:35**	0.5	**6:31**	1.8	4:59	8:21	
9	Thu	**12:38**	10.7	**1:14**	9.6	**7:04**	0.6	**7:02**	1.7	5:00	8:21	
10	Fri	**1:06**	10.7	**1:40**	9.7	**7:33**	0.6	**7:36**	1.6	5:00	8:20	
11	Sat	**1:39**	10.6	**2:12**	9.9	**8:05**	0.7	**8:16**	1.5	5:01	8:19	
12	Sun	**2:17**	10.5	**2:50**	10.1	**8:42**	0.7	**9:00**	1.5	5:02	8:19	
13	Mon	**3:01**	10.3	**3:32**	10.2	**9:23**	0.9	**9:47**	1.4	5:03	8:18	
14	Tue	**3:48**	10.0	**4:16**	10.4	**10:06**	1.0	**10:38**	1.3	5:04	8:18	
15	Wed	**4:38**	9.8	**5:04**	10.6	**10:53**	1.2	**11:31**	1.1	5:05	8:17	
16	Thu	**5:32**	9.6	**5:57**	10.7	**11:44**	1.4			5:06	8:16	
17	Fri	**6:33**	9.4	**6:56**	11.0	**12:31**	1.0	**12:41**	1.5	5:06	8:15	
18	Sat	**7:40**	9.5	**7:58**	11.4	**1:36**	0.6	**1:42**	1.3	5:07	8:15	
19	Sun	**8:44**	9.8	**8:57**	11.9	**2:37**	0.1	**2:41**	1.0	5:08	8:14	
20	Mon	**9:44**	10.2	**9:56**	12.4	**3:35**	-0.4	**3:39**	0.6	5:09	8:13	
21	Tue	**10:43**	10.7	**10:54**	12.8	**4:32**	-0.9	**4:38**	0.1	5:10	8:12	
22	Wed	**11:38**	11.3	**11:50**	13.0	**5:26**	-1.4	**5:36**	-0.3	5:11	8:11	
23	Thu			**12:29**	11.8	**6:18**	-1.7	**6:30**	-0.7	5:12	8:10	
24	Fri	**12:43**	13.1	**1:19**	12.1	**7:06**	-1.7	**7:23**	-0.9	5:13	8:09	
25	Sat	**1:35**	12.8	**2:10**	12.2	**7:55**	-1.6	**8:18**	-0.8	5:14	8:08	
26	Sun	**2:30**	12.3	**3:04**	12.2	**8:47**	-1.2	**9:17**	-0.6	5:16	8:07	
27	Mon	**3:28**	11.7	**3:59**	12.0	**9:40**	-0.6	**10:16**	-0.3	5:17	8:06	
28	Tue	**4:27**	11.0	**4:55**	11.6	**10:35**	0.0	**11:17**	0.1	5:18	8:05	
29	Wed	**5:29**	10.4	**5:54**	11.2	**11:31**	0.7			5:19	8:04	
30	Thu	**6:36**	9.8	**6:59**	10.9	**12:21**	0.4	**12:34**	1.2	5:20	8:03	
31	Fri	**7:43**	9.5	**8:01**	10.7	**1:28**	0.6	**1:39**	1.6	5:21	8:01	