US HARBORS www.USHarbors.com

Fort Point, Penobscot River, ME - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**10:34**	12.7	**11:16**	11.2	**4:23**	-0.1	**5:07**	-1.7	7:11	4:06	
2	Sat	**11:26**	12.9			**5:15**	-0.5	**5:55**	-1.9	7:11	4:07	
3	Sun	**12:05**	11.6	**12:17**	12.9	**6:07**	-0.8	**6:44**	-1.9	7:11	4:08	
4	Mon	**12:56**	11.8	**1:12**	12.6	**7:01**	-0.9	**7:36**	-1.7	7:11	4:09	
5	Tue	**1:51**	12.0	**2:11**	12.1	**8:01**	-0.8	**8:31**	-1.3	7:11	4:10	
6	Wed	**2:49**	12.0	**3:13**	11.5	**9:03**	-0.7	**9:27**	-0.8	7:11	4:11	
7	Thu	**3:48**	11.8	**4:17**	10.8	**10:06**	-0.4	**10:26**	-0.2	7:11	4:12	
8	Fri	**4:49**	11.6	**5:26**	10.3	**11:13**	-0.2	**11:30**	0.3	7:10	4:13	
9	Sat	**5:56**	11.4	**6:38**	9.9			**12:23**	-0.1	7:10	4:14	
10	Sun	**7:00**	11.3	**7:41**	9.8	**12:37**	0.7	**1:27**	-0.1	7:10	4:15	
11	Mon	**7:58**	11.2	**8:38**	9.7	**1:38**	0.9	**2:24**	-0.1	7:09	4:16	
12	Tue	**8:50**	11.1	**9:30**	9.7	**2:33**	1.1	**3:17**	0.0	7:09	4:17	
13	Wed	**9:40**	11.0	**10:18**	9.6	**3:24**	1.2	**4:06**	0.0	7:09	4:19	
14	Thu	**10:24**	10.9	**11:00**	9.6	**4:10**	1.3	**4:48**	0.1	7:08	4:20	
15	Fri	**11:02**	10.8	**11:35**	9.6	**4:50**	1.3	**5:24**	0.1	7:08	4:21	
16	Sat	**11:33**	10.6			**5:24**	1.3	**5:54**	0.2	7:07	4:22	
17	Sun	**12:05**	9.6	**12:00**	10.5	**5:54**	1.2	**6:22**	0.3	7:06	4:23	
18	Mon	**12:30**	9.7	**12:28**	10.4	**6:25**	1.2	**6:51**	0.4	7:06	4:25	
19	Tue	**12:57**	9.8	**1:02**	10.2	**7:01**	1.1	**7:24**	0.5	7:05	4:26	
20	Wed	**1:31**	9.9	**1:42**	10.0	**7:42**	1.1	**8:02**	0.7	7:04	4:27	
21	Thu	**2:10**	10.0	**2:27**	9.7	**8:27**	1.1	**8:45**	1.0	7:04	4:29	
22	Fri	**2:53**	10.1	**3:15**	9.4	**9:15**	1.1	**9:30**	1.2	7:03	4:30	
23	Sat	**3:40**	10.1	**4:07**	9.2	**10:07**	1.1	**10:19**	1.4	7:02	4:31	
24	Sun	**4:30**	10.2	**5:05**	8.9	**11:04**	1.1	**11:14**	1.6	7:01	4:33	
25	Mon	**5:28**	10.3	**6:12**	8.9			**12:09**	0.8	7:00	4:34	
26	Tue	**6:31**	10.7	**7:20**	9.2	**12:16**	1.5	**1:13**	0.4	6:59	4:35	
27	Wed	**7:33**	11.2	**8:19**	9.7	**1:17**	1.2	**2:10**	-0.2	6:58	4:37	
28	Thu	**8:31**	11.7	**9:16**	10.3	**2:15**	0.7	**3:06**	-0.8	6:57	4:38	
29	Fri	**9:27**	12.3	**10:10**	11.0	**3:12**	0.1	**3:59**	-1.4	6:56	4:40	
30	Sat	**10:23**	12.7	**11:00**	11.6	**4:09**	-0.5	**4:50**	-1.8	6:55	4:41	
31	Sun	**11:15**	13.0	**11:49**	12.1	**5:03**	-1.1	**5:37**	-2.1	6:54	4:42	