US HARBORS www.USHarbors.com

Fort Point, Penobscot River, ME - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**11:03**	12.7	**11:29**	12.6	**4:50**	-1.5	**5:17**	-1.8	6:12	5:22	
2	Tue	**11:52**	12.6			**5:40**	-1.8	**6:03**	-1.7	6:10	5:24	
3	Wed	**12:15**	12.8	**12:42**	12.2	**6:30**	-1.9	**6:49**	-1.4	6:08	5:25	
4	Thu	**1:03**	12.6	**1:34**	11.7	**7:22**	-1.6	**7:39**	-0.8	6:06	5:26	
5	Fri	**1:54**	12.2	**2:30**	11.0	**8:17**	-1.1	**8:32**	-0.1	6:05	5:28	
6	Sat	**2:49**	11.7	**3:28**	10.3	**9:15**	-0.5	**9:28**	0.6	6:03	5:29	
7	Sun	**3:47**	11.1	**4:31**	9.6	**10:15**	0.1	**10:29**	1.2	6:01	5:30	
8	Mon	**4:51**	10.5	**5:41**	9.2	**11:22**	0.6	**11:38**	1.6	5:59	5:32	
9	Tue	**6:02**	10.2	**6:49**	9.1			**12:31**	0.8	5:58	5:33	
10	Wed	**7:07**	10.1	**7:47**	9.2	**12:48**	1.7	**1:31**	0.9	5:56	5:34	
11	Thu	**8:02**	10.2	**8:37**	9.4	**1:46**	1.6	**2:23**	0.8	5:54	5:36	
12	Fri	**8:51**	10.2	**9:22**	9.6	**2:37**	1.4	**3:09**	0.7	5:52	5:37	
13	Sat	**9:35**	10.3	**10:01**	9.8	**3:22**	1.2	**3:50**	0.7	5:50	5:38	
14	Sun	**11:14**	10.3	**11:35**	10.0	**5:02**	1.0	**5:25**	0.7	6:49	6:39	
15	Mon	**11:46**	10.3			**5:36**	0.8	**5:53**	0.7	6:47	6:41	
16	Tue	**12:01**	10.2	**12:14**	10.3	**6:06**	0.6	**6:19**	0.6	6:45	6:42	
17	Wed	**12:23**	10.5	**12:40**	10.3	**6:36**	0.4	**6:47**	0.6	6:43	6:43	
18	Thu	**12:49**	10.7	**1:10**	10.3	**7:07**	0.2	**7:18**	0.7	6:41	6:44	
19	Fri	**1:22**	10.9	**1:47**	10.2	**7:44**	0.1	**7:55**	0.8	6:39	6:46	
20	Sat	**2:00**	11.0	**2:30**	10.1	**8:26**	0.1	**8:38**	0.9	6:38	6:47	
21	Sun	**2:46**	11.0	**3:20**	9.8	**9:15**	0.2	**9:27**	1.1	6:36	6:48	
22	Mon	**3:37**	10.9	**4:14**	9.6	**10:09**	0.3	**10:22**	1.3	6:34	6:49	
23	Tue	**4:32**	10.9	**5:14**	9.5	**11:08**	0.4	**11:22**	1.4	6:32	6:51	
24	Wed	**5:34**	10.8	**6:23**	9.6			**12:13**	0.4	6:30	6:52	
25	Thu	**6:46**	10.9	**7:39**	10.0	**12:31**	1.2	**1:24**	0.2	6:28	6:53	
26	Fri	**8:00**	11.2	**8:44**	10.6	**1:44**	0.8	**2:28**	-0.2	6:26	6:54	
27	Sat	**9:04**	11.6	**9:39**	11.4	**2:49**	0.1	**3:24**	-0.6	6:25	6:56	
28	Sun	**10:03**	11.9	**10:31**	12.0	**3:48**	-0.5	**4:17**	-0.9	6:23	6:57	
29	Mon	**10:58**	12.2	**11:21**	12.5	**4:44**	-1.2	**5:08**	-1.1	6:21	6:58	
30	Tue	**11:50**	12.2			**5:37**	-1.6	**5:56**	-1.2	6:19	6:59	
31	Wed	**12:08**	12.8	**12:38**	12.1	**6:26**	-1.8	**6:41**	-1.0	6:17	7:01	