US HARBORS www.USHarbors.com

Fort Point, Penobscot River, ME - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:02	9.6	3:04	9.8	9:00	1.7	9:29	0.9	7:11	4:05	
2	Thu	3:46	9.5	3:54	9.5	9:52	1.8	10:16	1.2	7:11	4:06	
3	Fri	4:34	9.5	4:49	9.1	10:47	1.8	11:06	1.5	7:11	4:07	
4	Sat	5:27	9.5	5:53	8.9	11:47	1.7			7:11	4:08	
5	Sun	6:22	9.7	6:56	8.9	12:00	1.7	12:46	1.5	7:11	4:09	
6	Mon	7:11	9.9	7:48	9.0	12:52	1.7	1:38	1.1	7:11	4:10	
7	Tue	7:54	10.3	8:33	9.2	1:39	1.7	2:23	0.7	7:11	4:11	
8	Wed	8:35	10.6	9:17	9.4	2:23	1.5	3:08	0.3	7:10	4:12	
9	Thu	9:16	11.1	10:00	9.8	3:06	1.3	3:52	-0.2	7:10	4:13	
10	Fri	10:00	11.5	10:42	10.1	3:51	0.9	4:35	-0.6	7:10	4:14	
11	Sat	10:45	11.9	11:25	10.5	4:37	0.6	5:18	-1.0	7:09	4:16	
12	Sun	11:31	12.3			5:23	0.2	6:01	-1.3	7:09	4:17	
13	Mon	12:09	10.9	12:18	12.4	6:10	-0.1	6:47	-1.5	7:09	4:18	
14	Tue	12:57	11.2	1:10	12.3	7:01	-0.3	7:38	-1.4	7:08	4:19	
15	Wed	1:50	11.4	2:06	12.0	7:58	-0.4	8:31	-1.2	7:08	4:20	
16	Thu	2:46	11.5	3:06	11.5	8:59	-0.4	9:27	-0.9	7:07	4:22	
17	Fri	3:44	11.6	4:10	11.0	10:02	-0.3	10:26	-0.4	7:07	4:23	
18	Sat	4:46	11.5	5:21	10.5	11:10	-0.3	11:30	0.0	7:06	4:24	
19	Sun	5:54	11.5	6:36	10.3			12:21	-0.3	7:05	4:25	
20	Mon	7:01	11.6	7:43	10.2	12:37	0.2	1:28	-0.5	7:05	4:27	
21	Tue	8:01	11.7	8:43	10.2	1:40	0.4	2:28	-0.6	7:04	4:28	
22	Wed	8:57	11.7	9:38	10.2	2:38	0.5	3:24	-0.7	7:03	4:29	
23	Thu	9:49	11.6	10:29	10.2	3:33	0.6	4:15	-0.7	7:02	4:31	
24	Fri	10:37	11.5	11:14	10.2	4:23	0.6	5:01	-0.6	7:01	4:32	
25	Sat	11:19	11.3	11:54	10.1	5:07	0.7	5:42	-0.4	7:01	4:33	
26	Sun	11:56	11.1			5:45	0.8	6:17	-0.2	7:00	4:35	
27	Mon	12:30	10.0	12:29	10.8	6:20	0.9	6:51	0.1	6:59	4:36	
28	Tue	1:03	9.8	1:02	10.5	6:56	1.1	7:25	0.3	6:58	4:38	
29	Wed	1:35	9.8	1:38	10.2	7:35	1.2	8:01	0.6	6:57	4:39	
30	Thu	2:11	9.8	2:20	9.9	8:18	1.3	8:41	0.9	6:56	4:40	
31	Fri	2:50	9.7	3:05	9.5	9:05	1.4	9:23	1.2	6:55	4:42	