































## Fort Point, Penobscot River, ME - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:58	11.1	5:29	10.1	11:16	0.3	11:35	0.5	7:11	4:06	
2	Thu	6:00	10.9	6:35	9.8			12:22	0.4	7:11	4:07	
3	Fri	6:59	10.8	7:34	9.6	12:37	0.9	1:22	0.4	7:11	4:07	
4	Sat	7:52	10.8	8:27	9.5	1:33	1.1	2:15	0.4	7:11	4:08	
5	Sun	8:40	10.7	9:16	9.5	2:23	1.3	3:04	0.4	7:11	4:09	
6	Mon	9:25	10.7	10:02	9.5	3:09	1.4	3:49	0.3	7:11	4:10	
7	Tue	10:05	10.7	10:41	9.5	3:51	1.4	4:29	0.3	7:11	4:12	
8	Wed	10:40	10.7	11:14	9.6	4:28	1.4	5:03	0.3	7:10	4:13	
9	Thu	11:08	10.7	11:41	9.7	5:00	1.3	5:32	0.2	7:10	4:14	
10	Fri	11:35	10.7			5:31	1.2	6:00	0.1	7:10	4:15	
11	Sat	12:06	9.8	12:06	10.8	6:03	1.0	6:31	0.1	7:09	4:16	
12	Sun	12:35	10.0	12:42	10.7	6:40	0.9	7:06	0.1	7:09	4:17	
13	Mon	1:12	10.2	1:24	10.6	7:22	0.8	7:47	0.2	7:09	4:18	
14	Tue	1:54	10.4	2:11	10.4	8:09	0.7	8:32	0.3	7:08	4:20	
15	Wed	2:41	10.6	3:02	10.2	9:01	0.6	9:20	0.4	7:08	4:21	
16	Thu	3:31	10.8	3:56	10.0	9:55	0.5	10:12	0.6	7:07	4:22	
17	Fri	4:24	10.9	4:57	9.8	10:55	0.4	11:10	0.7	7:06	4:23	
18	Sat	5:25	11.1	6:07	9.7			12:02	0.2	7:06	4:25	
19	Sun	6:31	11.4	7:18	10.0	12:14	0.7	1:09	-0.3	7:05	4:26	
20	Mon	7:36	11.8	8:22	10.4	1:18	0.4	2:10	-0.8	7:04	4:27	
21	Tue	8:37	12.3	9:22	10.9	2:19	0.0	3:09	-1.3	7:04	4:29	
22	Wed	9:36	12.7	10:18	11.4	3:19	-0.4	4:05	-1.7	7:03	4:30	
23	Thu	10:32	12.9	11:10	11.8	4:17	-0.8	4:57	-2.0	7:02	4:31	
24	Fri	11:24	12.9	11:59	12.0	5:11	-1.1	5:45	-2.1	7:01	4:33	
25	Sat			12:14	12.7	6:02	-1.2	6:32	-1.9	7:00	4:34	
26	Sun	12:47	12.1	1:05	12.3	6:53	-1.1	7:20	-1.5	6:59	4:35	
27	Mon	1:37	11.9	1:58	11.6	7:46	-0.8	8:11	-0.9	6:58	4:37	
28	Tue	2:29	11.6	2:53	11.0	8:42	-0.4	9:02	-0.3	6:57	4:38	
29	Wed	3:22	11.2	3:49	10.3	9:38	0.0	9:54	0.4	6:56	4:39	
30	Thu	4:16	10.8	4:50	9.6	10:37	0.5	10:51	1.0	6:55	4:41	
31	Fri	5:16	10.4	5:56	9.2	11:41	0.8	11:54	1.4	6:54	4:42	