

Fort Popham, ME - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:31	9.5	4:01	9.9	9:38	-0.5	10:13	-0.3	5:28	8:02	
2	Mon	4:29	9.2	4:59	9.9	10:33	-0.2	11:15	-0.2	5:29	8:01	
3	Tue	5:31	8.8	6:00	9.9	11:33	0.1			5:30	8:00	
4	Wed	6:37	8.6	7:04	9.9	12:20	-0.2	12:35	0.3	5:31	7:58	
5	Thu	7:43	8.5	8:07	9.9	1:26	-0.2	1:40	0.4	5:32	7:57	
6	Fri	8:46	8.6	9:07	10.0	2:31	-0.2	2:43	0.4	5:33	7:56	
7	Sat	9:45	8.7	10:03	10.1	3:31	-0.4	3:42	0.3	5:34	7:54	
8	Sun	10:38	8.9	10:54	10.0	4:26	-0.5	4:36	0.3	5:35	7:53	
9	Mon	11:27	9.0	11:42	9.9	5:15	-0.5	5:26	0.2	5:37	7:51	
10	Tue			12:12	9.0	6:00	-0.4	6:11	0.2	5:38	7:50	
11	Wed	12:27	9.7	12:54	9.0	6:41	-0.3	6:53	0.3	5:39	7:49	
12	Thu	1:09	9.5	1:35	9.0	7:19	-0.1	7:34	0.4	5:40	7:47	
13	Fri	1:50	9.2	2:15	8.9	7:57	0.2	8:15	0.5	5:41	7:46	
14	Sat	2:32	8.8	2:55	8.7	8:35	0.5	8:58	0.7	5:42	7:44	
15	Sun	3:15	8.4	3:38	8.6	9:16	0.8	9:44	0.9	5:43	7:43	
16	Mon	4:01	8.1	4:24	8.4	10:00	1.1	10:34	1.1	5:44	7:41	
17	Tue	4:51	7.7	5:14	8.3	10:48	1.4	11:28	1.3	5:46	7:40	
18	Wed	5:46	7.4	6:09	8.2	11:41	1.6			5:47	7:38	
19	Thu	6:44	7.3	7:05	8.2	12:25	1.3	12:36	1.7	5:48	7:36	
20	Fri	7:42	7.3	8:00	8.4	1:23	1.3	1:32	1.7	5:49	7:35	
21	Sat	8:37	7.5	8:52	8.7	2:18	1.0	2:27	1.5	5:50	7:33	
22	Sun	9:27	7.8	9:41	9.0	3:10	0.7	3:18	1.2	5:51	7:32	
23	Mon	10:13	8.3	10:26	9.4	3:57	0.3	4:06	0.7	5:52	7:30	
24	Tue	10:56	8.7	11:11	9.8	4:41	-0.1	4:52	0.3	5:53	7:28	
25	Wed	11:39	9.2	11:56	10.0	5:23	-0.4	5:38	-0.2	5:55	7:27	
26	Thu			12:22	9.7	6:06	-0.7	6:24	-0.6	5:56	7:25	
27	Fri	12:41	10.2	1:07	10.1	6:50	-0.9	7:13	-0.9	5:57	7:23	
28	Sat	1:29	10.1	1:54	10.3	7:35	-0.9	8:03	-1.0	5:58	7:21	
29	Sun	2:20	9.9	2:44	10.4	8:24	-0.8	8:57	-1.0	5:59	7:20	
30	Mon	3:14	9.6	3:39	10.3	9:16	-0.5	9:55	-0.7	6:00	7:18	
31	Tue	4:13	9.2	4:38	10.1	10:13	-0.1	10:57	-0.5	6:01	7:16	