

Fort Popham, ME - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:44	8.8	7:08	8.7	12:24	0.3	12:55	0.8	6:15	4:29	
2	Tue	7:39	8.9	8:03	8.6	1:21	0.5	1:52	0.6	6:16	4:28	
3	Wed	8:28	9.0	8:53	8.5	2:12	0.6	2:43	0.5	6:18	4:27	
4	Thu	9:12	9.1	9:37	8.5	2:57	0.7	3:27	0.4	6:19	4:25	
5	Fri	9:51	9.1	10:18	8.4	3:37	0.8	4:07	0.3	6:20	4:24	
6	Sat	10:28	9.1	10:56	8.3	4:14	0.9	4:43	0.3	6:22	4:23	
7	Sun	11:04	9.1	11:33	8.2	4:48	1.0	5:18	0.3	6:23	4:22	
8	Mon	11:39	9.0			5:22	1.1	5:53	0.3	6:24	4:21	
9	Tue	12:10	8.1	12:14	8.9	5:58	1.2	6:30	0.3	6:26	4:19	
10	Wed	12:48	8.0	12:52	8.9	6:35	1.3	7:09	0.3	6:27	4:18	
11	Thu	1:28	7.9	1:33	8.7	7:17	1.3	7:52	0.4	6:28	4:17	
12	Fri	2:12	7.8	2:18	8.6	8:02	1.4	8:39	0.5	6:30	4:16	
13	Sat	3:00	7.8	3:09	8.5	8:53	1.5	9:30	0.6	6:31	4:15	
14	Sun	3:53	7.9	4:05	8.4	9:50	1.4	10:24	0.6	6:32	4:14	
15	Mon	4:49	8.1	5:06	8.4	10:49	1.2	11:20	0.5	6:33	4:13	
16	Tue	5:46	8.5	6:08	8.5	11:51	0.9			6:35	4:12	
17	Wed	6:42	9.0	7:08	8.7	12:16	0.3	12:51	0.3	6:36	4:11	
18	Thu	7:36	9.6	8:06	9.0	1:11	0.1	1:49	-0.3	6:37	4:11	
19	Fri	8:28	10.2	9:01	9.3	2:05	-0.1	2:44	-0.8	6:39	4:10	
20	Sat	9:19	10.7	9:54	9.6	2:58	-0.4	3:38	-1.4	6:40	4:09	
21	Sun	10:10	11.0	10:46	9.7	3:49	-0.6	4:30	-1.7	6:41	4:08	
22	Mon	11:00	11.2	11:38	9.7	4:41	-0.7	5:21	-1.8	6:42	4:07	
23	Tue	11:52	11.1			5:32	-0.7	6:13	-1.8	6:44	4:07	
24	Wed	12:30	9.6	12:45	10.9	6:25	-0.5	7:05	-1.5	6:45	4:06	
25	Thu	1:24	9.5	1:39	10.4	7:19	-0.2	7:58	-1.1	6:46	4:06	
26	Fri	2:19	9.2	2:35	9.9	8:16	0.1	8:54	-0.7	6:47	4:05	
27	Sat	3:15	9.0	3:33	9.3	9:15	0.5	9:51	-0.2	6:48	4:04	
28	Sun	4:13	8.8	4:33	8.8	10:17	0.7	10:48	0.2	6:50	4:04	
29	Mon	5:12	8.7	5:34	8.4	11:21	0.9	11:46	0.5	6:51	4:04	
30	Tue	6:09	8.7	6:34	8.2			12:22	0.9	6:52	4:03	