

Fort Popham, ME - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:06	10.0	10:41	8.6	3:48	0.2	4:30	-0.7	7:12	4:12	
2	Wed	10:52	9.8	11:27	8.5	4:35	0.3	5:14	-0.6	7:13	4:12	
3	Thu	11:36	9.6			5:19	0.5	5:55	-0.5	7:13	4:13	
4	Fri	12:10	8.4	12:18	9.4	6:00	0.6	6:35	-0.3	7:13	4:14	
5	Sat	12:52	8.3	12:59	9.1	6:41	0.8	7:15	-0.1	7:13	4:15	
6	Sun	1:33	8.1	1:41	8.8	7:24	0.9	7:55	0.2	7:12	4:16	
7	Mon	2:16	8.0	2:25	8.5	8:08	1.1	8:38	0.4	7:12	4:17	
8	Tue	3:01	8.0	3:12	8.1	8:56	1.2	9:23	0.6	7:12	4:18	
9	Wed	3:48	7.9	4:03	7.8	9:47	1.3	10:11	0.9	7:12	4:19	
10	Thu	4:38	7.9	4:58	7.5	10:42	1.3	11:02	1.1	7:12	4:20	
11	Fri	5:30	8.0	5:55	7.4	11:38	1.3	11:54	1.2	7:11	4:22	
12	Sat	6:22	8.1	6:52	7.4			12:35	1.1	7:11	4:23	
13	Sun	7:13	8.4	7:46	7.5	12:46	1.2	1:29	0.8	7:11	4:24	
14	Mon	8:02	8.7	8:36	7.7	1:36	1.1	2:20	0.4	7:10	4:25	
15	Tue	8:49	9.1	9:24	8.0	2:26	0.9	3:08	0.0	7:10	4:26	
16	Wed	9:35	9.5	10:10	8.3	3:13	0.6	3:55	-0.5	7:09	4:27	
17	Thu	10:20	9.9	10:56	8.7	4:00	0.3	4:41	-0.9	7:09	4:29	
18	Fri	11:07	10.2	11:43	9.1	4:48	-0.1	5:26	-1.3	7:08	4:30	
19	Sat	11:55	10.4			5:36	-0.4	6:13	-1.5	7:07	4:31	
20	Sun	12:31	9.4	12:44	10.4	6:26	-0.6	7:01	-1.6	7:07	4:32	
21	Mon	1:20	9.6	1:37	10.3	7:19	-0.7	7:52	-1.4	7:06	4:34	
22	Tue	2:13	9.7	2:32	9.9	8:15	-0.7	8:45	-1.2	7:05	4:35	
23	Wed	3:08	9.7	3:31	9.5	9:14	-0.5	9:41	-0.8	7:04	4:36	
24	Thu	4:06	9.7	4:34	9.0	10:17	-0.4	10:40	-0.4	7:04	4:38	
25	Fri	5:07	9.6	5:39	8.6	11:23	-0.3	11:42	0.0	7:03	4:39	
26	Sat	6:09	9.6	6:44	8.4			12:29	-0.2	7:02	4:40	
27	Sun	7:10	9.5	7:47	8.3	12:45	0.2	1:34	-0.2	7:01	4:42	
28	Mon	8:08	9.5	8:45	8.2	1:46	0.4	2:33	-0.3	7:00	4:43	
29	Tue	9:02	9.5	9:37	8.3	2:42	0.5	3:27	-0.3	6:59	4:44	
30	Wed	9:51	9.5	10:25	8.3	3:34	0.5	4:14	-0.3	6:58	4:46	
31	Thu	10:36	9.4	11:08	8.3	4:20	0.5	4:57	-0.3	6:57	4:47	