

































Fort Popham, ME - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:36	7.9	6:04	7.1	11:49	1.4	11:59	1.6	7:13	4:12	
2	Mon	6:27	8.1	7:01	7.1			12:45	1.2	7:13	4:13	
3	Tue	7:17	8.3	7:55	7.1	12:50	1.6	1:39	0.9	7:13	4:14	
4	Wed	8:06	8.5	8:45	7.2	1:40	1.6	2:30	0.6	7:12	4:15	
5	Thu	8:52	8.8	9:32	7.5	2:29	1.5	3:17	0.3	7:12	4:16	
6	Fri	9:37	9.2	10:17	7.7	3:15	1.2	4:02	-0.1	7:12	4:17	
7	Sat	10:21	9.5	11:01	8.1	4:01	0.9	4:46	-0.5	7:12	4:18	
8	Sun	11:06	9.9	11:45	8.4	4:47	0.6	5:30	-0.8	7:12	4:19	
9	Mon	11:53	10.1			5:34	0.2	6:14	-1.0	7:12	4:20	
10	Tue	12:31	8.8	12:41	10.1	6:23	0.0	7:00	-1.1	7:11	4:21	
11	Wed	1:18	9.1	1:32	9.9	7:15	-0.2	7:48	-1.1	7:11	4:22	
12	Thu	2:08	9.3	2:26	9.6	8:10	-0.3	8:39	-0.8	7:11	4:24	
13	Fri	3:01	9.5	3:23	9.1	9:08	-0.3	9:32	-0.5	7:10	4:25	
14	Sat	3:57	9.5	4:25	8.6	10:10	-0.2	10:29	-0.1	7:10	4:26	
15	Sun	4:56	9.5	5:30	8.2	11:15	-0.1	11:29	0.3	7:09	4:27	
16	Mon	5:57	9.5	6:37	7.9			12:22	-0.1	7:09	4:28	
17	Tue	6:59	9.5	7:42	7.8	12:32	0.6	1:28	-0.1	7:08	4:30	
18	Wed	7:59	9.5	8:42	7.8	1:34	0.8	2:30	-0.2	7:07	4:31	
19	Thu	8:56	9.5	9:37	7.9	2:34	0.8	3:26	-0.3	7:07	4:32	
20	Fri	9:48	9.5	10:26	8.0	3:28	0.8	4:16	-0.3	7:06	4:33	
21	Sat	10:35	9.4	11:11	8.0	4:18	0.8	5:00	-0.3	7:05	4:35	
22	Sun	11:18	9.3	11:52	8.0	5:02	0.8	5:40	-0.2	7:05	4:36	
23	Mon	11:59	9.1			5:43	0.8	6:17	-0.1	7:04	4:37	
24	Tue	12:31	8.1	12:38	8.9	6:22	0.8	6:52	0.1	7:03	4:39	
25	Wed	1:08	8.1	1:17	8.6	7:02	0.8	7:28	0.3	7:02	4:40	
26	Thu	1:46	8.1	1:58	8.3	7:43	0.9	8:05	0.5	7:01	4:41	
27	Fri	2:25	8.1	2:40	7.9	8:26	1.0	8:45	0.8	7:00	4:43	
28	Sat	3:07	8.0	3:27	7.5	9:13	1.1	9:29	1.1	6:59	4:44	
29	Sun	3:52	8.0	4:19	7.2	10:05	1.2	10:16	1.4	6:58	4:45	
30	Mon	4:42	7.9	5:16	6.9	11:00	1.2	11:08	1.7	6:57	4:47	
31	Tue	5:36	7.9	6:17	6.8	11:59	1.2			6:56	4:48	