

































Fort Popham, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:37	8.4	1:46	9.2	7:31	0.6	8:04	-0.3	7:13	4:12	
2	Tue	2:23	8.6	2:36	9.0	8:23	0.5	8:51	-0.2	7:13	4:13	
3	Wed	3:13	8.8	3:32	8.7	9:19	0.4	9:43	0.0	7:13	4:14	
4	Thu	4:07	9.0	4:34	8.4	10:20	0.3	10:38	0.2	7:13	4:15	
5	Fri	5:05	9.2	5:39	8.1	11:23	0.1	11:37	0.4	7:12	4:16	
6	Sat	6:06	9.4	6:45	8.0			12:29	-0.1	7:12	4:17	
7	Sun	7:07	9.7	7:49	8.1	12:39	0.5	1:33	-0.4	7:12	4:18	
8	Mon	8:07	9.9	8:49	8.2	1:40	0.5	2:35	-0.6	7:12	4:19	
9	Tue	9:04	10.1	9:46	8.4	2:40	0.4	3:32	-0.9	7:12	4:20	
10	Wed	9:58	10.2	10:38	8.6	3:37	0.3	4:25	-1.0	7:11	4:21	
11	Thu	10:50	10.2	11:28	8.7	4:30	0.1	5:14	-1.0	7:11	4:22	
12	Fri	11:39	10.1			5:20	0.1	6:01	-0.9	7:11	4:23	
13	Sat	12:15	8.8	12:26	9.8	6:09	0.1	6:45	-0.7	7:10	4:25	
14	Sun	1:00	8.7	1:12	9.4	6:56	0.3	7:27	-0.4	7:10	4:26	
15	Mon	1:45	8.7	1:58	9.0	7:43	0.4	8:10	-0.1	7:09	4:27	
16	Tue	2:30	8.6	2:46	8.4	8:31	0.6	8:54	0.4	7:09	4:28	
17	Wed	3:16	8.4	3:35	7.9	9:22	0.9	9:39	0.8	7:08	4:29	
18	Thu	4:04	8.3	4:29	7.5	10:15	1.0	10:28	1.2	7:08	4:31	
19	Fri	4:55	8.1	5:25	7.1	11:11	1.2	11:20	1.5	7:07	4:32	
20	Sat	5:48	8.1	6:24	6.9			12:09	1.2	7:06	4:33	
21	Sun	6:43	8.1	7:22	6.9	12:14	1.7	1:07	1.1	7:06	4:34	
22	Mon	7:36	8.2	8:15	7.0	1:09	1.8	2:01	1.0	7:05	4:36	
23	Tue	8:26	8.4	9:04	7.1	2:01	1.7	2:51	0.7	7:04	4:37	
24	Wed	9:12	8.6	9:48	7.4	2:49	1.5	3:36	0.4	7:03	4:38	
25	Thu	9:54	8.9	10:30	7.7	3:33	1.3	4:17	0.1	7:02	4:40	
26	Fri	10:35	9.2	11:09	8.0	4:16	0.9	4:55	-0.2	7:01	4:41	
27	Sat	11:16	9.4	11:48	8.4	4:58	0.6	5:34	-0.5	7:00	4:42	
28	Sun	11:57	9.5			5:40	0.2	6:13	-0.7	7:00	4:44	
29	Mon	12:28	8.8	12:41	9.5	6:25	-0.1	6:54	-0.7	6:59	4:45	
30	Tue	1:11	9.1	1:27	9.4	7:13	-0.3	7:38	-0.7	6:57	4:46	
31	Wed	1:56	9.4	2:18	9.1	8:04	-0.4	8:25	-0.5	6:56	4:48	