






























Fort Popham, ME - Feb 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:46	9.5	3:13	8.7	8:59	-0.3	9:17	-0.1	6:55	4:49	
2	Fri	3:41	9.5	4:14	8.3	9:59	-0.2	10:14	0.2	6:54	4:51	
3	Sat	4:41	9.4	5:21	7.9	11:04	-0.1	11:16	0.5	6:53	4:52	
4	Sun	5:45	9.4	6:30	7.8			12:12	-0.1	6:52	4:53	
5	Mon	6:51	9.4	7:36	7.8	12:22	0.7	1:20	-0.2	6:51	4:55	
6	Tue	7:55	9.5	8:38	8.0	1:28	0.7	2:24	-0.3	6:49	4:56	
7	Wed	8:54	9.7	9:34	8.3	2:32	0.6	3:22	-0.5	6:48	4:57	
8	Thu	9:48	9.8	10:24	8.5	3:29	0.4	4:13	-0.6	6:47	4:59	
9	Fri	10:37	9.8	11:10	8.7	4:21	0.2	4:58	-0.7	6:46	5:00	
10	Sat	11:23	9.6	11:53	8.8	5:08	0.1	5:40	-0.6	6:44	5:02	
11	Sun			12:06	9.4	5:51	0.1	6:18	-0.4	6:43	5:03	
12	Mon	12:33	8.8	12:47	9.0	6:33	0.1	6:55	-0.1	6:42	5:04	
13	Tue	1:12	8.8	1:29	8.6	7:14	0.2	7:33	0.2	6:40	5:06	
14	Wed	1:51	8.6	2:11	8.2	7:56	0.4	8:12	0.6	6:39	5:07	
15	Thu	2:32	8.5	2:56	7.8	8:41	0.6	8:54	1.0	6:37	5:08	
16	Fri	3:16	8.3	3:45	7.3	9:29	0.9	9:40	1.3	6:36	5:10	
17	Sat	4:05	8.0	4:40	7.0	10:23	1.1	10:32	1.7	6:34	5:11	
18	Sun	5:00	7.9	5:40	6.8	11:21	1.3	11:28	1.9	6:33	5:12	
19	Mon	5:58	7.8	6:41	6.7			12:22	1.3	6:31	5:14	
20	Tue	6:56	8.0	7:38	6.9	12:27	1.9	1:21	1.1	6:30	5:15	
21	Wed	7:51	8.2	8:30	7.2	1:24	1.7	2:14	0.8	6:28	5:16	
22	Thu	8:40	8.6	9:16	7.6	2:17	1.4	3:02	0.4	6:27	5:18	
23	Fri	9:26	8.9	9:58	8.1	3:05	1.0	3:44	0.0	6:25	5:19	
24	Sat	10:10	9.3	10:39	8.6	3:51	0.5	4:25	-0.3	6:23	5:20	
25	Sun	10:53	9.6	11:19	9.1	4:35	0.0	5:04	-0.6	6:22	5:22	
26	Mon	11:36	9.7			5:20	-0.5	5:45	-0.8	6:20	5:23	
27	Tue	12:00	9.6	12:22	9.7	6:06	-0.8	6:27	-0.9	6:19	5:24	
28	Wed	12:44	9.9	1:10	9.5	6:54	-1.0	7:13	-0.7	6:17	5:26	