






























## Fort Popham, ME - May 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:48	9.6	5:34	8.5	11:12	-0.2	11:33	0.9	5:31	7:41	
2	Wed	5:53	9.1	6:37	8.5			12:16	0.1	5:29	7:42	
3	Thu	6:58	8.8	7:38	8.6	12:41	1.0	1:18	0.4	5:28	7:43	
4	Fri	8:00	8.6	8:33	8.7	1:47	0.9	2:15	0.5	5:26	7:44	
5	Sat	8:57	8.5	9:23	8.9	2:46	0.8	3:06	0.7	5:25	7:46	
6	Sun	9:49	8.4	10:07	9.0	3:39	0.6	3:52	0.8	5:24	7:47	
7	Mon	10:35	8.3	10:47	9.0	4:25	0.5	4:33	1.0	5:22	7:48	
8	Tue	11:17	8.1	11:25	9.0	5:06	0.4	5:10	1.2	5:21	7:49	
9	Wed	11:56	8.0			5:43	0.4	5:45	1.3	5:20	7:50	
10	Thu	12:00	9.0	12:33	7.9	6:18	0.4	6:19	1.4	5:19	7:51	
11	Fri	12:35	8.9	1:10	7.8	6:54	0.4	6:55	1.5	5:18	7:52	
12	Sat	1:11	8.9	1:48	7.7	7:31	0.4	7:32	1.6	5:16	7:54	
13	Sun	1:49	8.8	2:28	7.6	8:10	0.5	8:13	1.6	5:15	7:55	
14	Mon	2:30	8.7	3:12	7.5	8:53	0.6	8:58	1.7	5:14	7:56	
15	Tue	3:14	8.6	3:59	7.5	9:39	0.7	9:48	1.8	5:13	7:57	
16	Wed	4:04	8.4	4:50	7.6	10:28	0.7	10:43	1.7	5:12	7:58	
17	Thu	4:58	8.3	5:44	7.8	11:20	0.8	11:41	1.5	5:11	7:59	
18	Fri	5:57	8.3	6:39	8.2			12:14	0.7	5:10	8:00	
19	Sat	6:58	8.3	7:32	8.7	12:41	1.2	1:08	0.6	5:09	8:01	
20	Sun	7:57	8.5	8:25	9.3	1:41	0.7	2:01	0.5	5:08	8:02	
21	Mon	8:55	8.7	9:16	9.9	2:39	0.1	2:53	0.3	5:07	8:03	
22	Tue	9:50	8.9	10:06	10.4	3:34	-0.5	3:45	0.1	5:06	8:04	
23	Wed	10:44	9.1	10:57	10.8	4:28	-1.0	4:37	0.0	5:05	8:05	
24	Thu	11:37	9.2	11:48	11.0	5:21	-1.3	5:28	-0.1	5:05	8:06	
25	Fri			12:30	9.3	6:13	-1.5	6:20	-0.1	5:04	8:07	
26	Sat	12:41	11.0	1:23	9.2	7:06	-1.5	7:14	0.0	5:03	8:08	
27	Sun	1:35	10.8	2:17	9.1	7:59	-1.3	8:09	0.1	5:02	8:09	
28	Mon	2:30	10.5	3:13	9.0	8:54	-1.0	9:07	0.4	5:02	8:10	
29	Tue	3:27	10.0	4:10	8.9	9:50	-0.6	10:08	0.7	5:01	8:11	
30	Wed	4:26	9.5	5:08	8.8	10:46	-0.2	11:11	0.9	5:01	8:12	
31	Thu	5:26	9.0	6:06	8.7	11:44	0.2			5:00	8:13	