
































## Fort Popham, ME - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:27	8.5	7:03	8.8	12:14	1.0	12:40	0.6	4:59	8:13	
2	Sat	7:27	8.2	7:57	8.8	1:16	1.0	1:35	0.9	4:59	8:14	
3	Sun	8:24	8.0	8:46	8.9	2:14	0.9	2:26	1.1	4:59	8:15	
4	Mon	9:17	7.9	9:32	8.9	3:07	0.8	3:14	1.3	4:58	8:16	
5	Tue	10:05	7.8	10:15	8.9	3:55	0.7	3:58	1.5	4:58	8:16	
6	Wed	10:49	7.7	10:55	8.9	4:39	0.6	4:38	1.6	4:57	8:17	
7	Thu	11:30	7.7	11:33	8.9	5:18	0.6	5:16	1.6	4:57	8:18	
8	Fri			12:09	7.7	5:56	0.5	5:53	1.6	4:57	8:18	
9	Sat	12:11	9.0	12:48	7.7	6:32	0.5	6:30	1.6	4:57	8:19	
10	Sun	12:48	9.0	1:26	7.7	7:09	0.4	7:08	1.6	4:56	8:20	
11	Mon	1:26	9.0	2:05	7.8	7:48	0.4	7:50	1.5	4:56	8:20	
12	Tue	2:06	8.9	2:47	7.9	8:28	0.3	8:34	1.5	4:56	8:21	
13	Wed	2:49	8.9	3:31	8.0	9:11	0.3	9:23	1.4	4:56	8:21	
14	Thu	3:37	8.8	4:18	8.2	9:57	0.4	10:16	1.3	4:56	8:22	
15	Fri	4:29	8.6	5:09	8.5	10:46	0.4	11:13	1.1	4:56	8:22	
16	Sat	5:26	8.4	6:02	8.8	11:37	0.5			4:56	8:23	
17	Sun	6:27	8.3	6:58	9.2	12:13	0.8	12:32	0.6	4:56	8:23	
18	Mon	7:29	8.3	7:54	9.6	1:14	0.4	1:27	0.6	4:56	8:23	
19	Tue	8:31	8.4	8:50	10.1	2:15	0.0	2:24	0.5	4:56	8:24	
20	Wed	9:30	8.5	9:45	10.4	3:14	-0.5	3:21	0.4	4:56	8:24	
21	Thu	10:27	8.7	10:40	10.7	4:12	-0.8	4:17	0.3	4:57	8:24	
22	Fri	11:22	8.9	11:34	10.9	5:07	-1.1	5:12	0.1	4:57	8:24	
23	Sat			12:15	9.0	6:00	-1.2	6:06	0.0	4:57	8:24	
24	Sun	12:27	10.8	1:08	9.1	6:52	-1.2	7:00	0.1	4:57	8:25	
25	Mon	1:20	10.6	2:00	9.2	7:43	-1.1	7:53	0.2	4:58	8:25	
26	Tue	2:12	10.3	2:51	9.1	8:33	-0.8	8:48	0.3	4:58	8:25	
27	Wed	3:05	9.8	3:43	9.0	9:23	-0.4	9:43	0.6	4:59	8:25	
28	Thu	3:59	9.3	4:35	8.9	10:14	0.0	10:40	0.8	4:59	8:25	
29	Fri	4:54	8.7	5:28	8.8	11:05	0.5	11:39	1.0	4:59	8:25	
30	Sat	5:51	8.2	6:22	8.7	11:57	0.9			5:00	8:25	