

Islesboro, ME - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:46	8.9	7:09	9.7	12:36	1.3	12:48	1.5	4:55	8:23	
2	Mon	7:42	8.6	7:59	9.6	1:31	1.3	1:39	1.8	4:56	8:23	
3	Tue	8:35	8.5	8:47	9.7	2:24	1.3	2:28	2.0	4:56	8:23	
4	Wed	9:26	8.5	9:33	9.8	3:13	1.1	3:15	2.0	4:57	8:22	
5	Thu	10:13	8.6	10:16	10.0	4:00	0.9	3:59	1.9	4:58	8:22	
6	Fri	10:56	8.8	10:57	10.2	4:43	0.7	4:41	1.8	4:58	8:22	
7	Sat	11:36	9.0	11:34	10.4	5:23	0.5	5:21	1.6	4:59	8:21	
8	Sun			12:13	9.1	6:02	0.3	6:00	1.4	5:00	8:21	
9	Mon	12:10	10.5	12:49	9.3	6:39	0.2	6:39	1.3	5:00	8:21	
10	Tue	12:47	10.6	1:24	9.5	7:16	0.1	7:20	1.2	5:01	8:20	
11	Wed	1:25	10.5	2:00	9.7	7:53	0.1	8:01	1.1	5:02	8:20	
12	Thu	2:05	10.4	2:39	9.9	8:31	0.2	8:46	0.9	5:03	8:19	
13	Fri	2:49	10.3	3:22	10.1	9:11	0.3	9:34	0.8	5:04	8:18	
14	Sat	3:38	10.0	4:08	10.3	9:55	0.4	10:28	0.7	5:04	8:18	
15	Sun	4:31	9.7	5:01	10.5	10:45	0.6	11:27	0.6	5:05	8:17	
16	Mon	5:31	9.5	5:58	10.7	11:40	0.8			5:06	8:16	
17	Tue	6:37	9.4	7:01	11.0	12:31	0.3	12:41	0.9	5:07	8:16	
18	Wed	7:46	9.4	8:06	11.3	1:37	0.0	1:45	0.8	5:08	8:15	
19	Thu	8:55	9.6	9:11	11.6	2:42	-0.4	2:49	0.6	5:09	8:14	
20	Fri	9:58	10.0	10:12	12.0	3:44	-0.8	3:52	0.3	5:10	8:13	
21	Sat	10:56	10.4	11:09	12.2	4:42	-1.1	4:50	0.0	5:11	8:12	
22	Sun	11:50	10.7			5:36	-1.3	5:46	-0.2	5:12	8:11	
23	Mon	12:03	12.2	12:41	10.9	6:27	-1.4	6:40	-0.3	5:13	8:10	
24	Tue	12:55	12.0	1:31	10.9	7:17	-1.2	7:32	-0.2	5:14	8:09	
25	Wed	1:45	11.6	2:19	10.8	8:04	-0.9	8:23	0.0	5:15	8:08	
26	Thu	2:35	11.0	3:06	10.6	8:50	-0.3	9:13	0.4	5:16	8:07	
27	Fri	3:24	10.3	3:53	10.2	9:35	0.3	10:03	0.8	5:17	8:06	
28	Sat	4:14	9.6	4:40	9.9	10:20	1.0	10:56	1.2	5:18	8:05	
29	Sun	5:07	9.0	5:30	9.6	11:08	1.6	11:51	1.5	5:19	8:04	
30	Mon	6:03	8.5	6:21	9.3	11:59	2.0			5:20	8:03	
31	Tue	7:00	8.2	7:14	9.3	12:48	1.6	12:53	2.3	5:21	8:02	