

Isle au Haut, ME - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:38	10.4	2:13	9.8	7:36	-0.4	7:53	0.5	4:55	8:21	
2	Fri	2:25	10.3	3:00	10.0	8:21	-0.4	8:44	0.4	4:55	8:21	
3	Sat	3:16	10.1	3:50	10.1	9:10	-0.3	9:39	0.3	4:56	8:21	
4	Sun	4:11	9.8	4:45	10.2	10:02	-0.1	10:38	0.2	4:57	8:20	
5	Mon	5:11	9.5	5:43	10.3	10:59	0.1	11:41	0.1	4:57	8:20	
6	Tue	6:15	9.3	6:43	10.4	11:59	0.2			4:58	8:20	
7	Wed	7:20	9.3	7:45	10.6	12:45	-0.1	1:01	0.3	4:59	8:19	
8	Thu	8:24	9.3	8:45	10.8	1:49	-0.3	2:03	0.3	4:59	8:19	
9	Fri	9:25	9.5	9:42	10.9	2:49	-0.6	3:03	0.2	5:00	8:18	
10	Sat	10:22	9.7	10:36	11.1	3:46	-0.8	3:59	0.1	5:01	8:18	
11	Sun	11:14	9.9	11:28	11.0	4:39	-0.9	4:52	0.0	5:02	8:17	
12	Mon			12:04	9.9	5:29	-0.9	5:43	0.1	5:03	8:17	
13	Tue	12:17	10.9	12:52	9.9	6:16	-0.8	6:32	0.2	5:03	8:16	
14	Wed	1:04	10.6	1:38	9.8	7:02	-0.5	7:20	0.4	5:04	8:16	
15	Thu	1:51	10.2	2:23	9.7	7:47	-0.2	8:07	0.7	5:05	8:15	
16	Fri	2:37	9.8	3:08	9.5	8:31	0.2	8:55	0.9	5:06	8:14	
17	Sat	3:25	9.3	3:54	9.3	9:15	0.6	9:44	1.1	5:07	8:13	
18	Sun	4:13	8.8	4:41	9.1	10:01	1.0	10:34	1.3	5:08	8:13	
19	Mon	5:04	8.4	5:30	8.9	10:48	1.3	11:27	1.4	5:09	8:12	
20	Tue	5:58	8.1	6:21	8.9	11:39	1.6			5:10	8:11	
21	Wed	6:54	8.0	7:13	8.9	12:22	1.4	12:31	1.7	5:11	8:10	
22	Thu	7:49	8.0	8:04	9.1	1:16	1.3	1:24	1.7	5:12	8:09	
23	Fri	8:41	8.1	8:53	9.4	2:07	1.0	2:14	1.6	5:13	8:08	
24	Sat	9:29	8.4	9:39	9.7	2:55	0.7	3:02	1.3	5:14	8:07	
25	Sun	10:14	8.8	10:23	10.1	3:40	0.3	3:47	1.0	5:15	8:06	
26	Mon	10:56	9.1	11:06	10.4	4:23	0.0	4:31	0.7	5:16	8:05	
27	Tue	11:38	9.5	11:49	10.6	5:04	-0.3	5:14	0.4	5:17	8:04	
28	Wed			12:20	9.9	5:46	-0.6	5:59	0.1	5:18	8:03	
29	Thu	12:33	10.7	1:04	10.2	6:28	-0.7	6:45	-0.1	5:19	8:02	
30	Fri	1:19	10.7	1:49	10.4	7:13	-0.7	7:34	-0.2	5:20	8:01	
31	Sat	2:08	10.6	2:37	10.5	7:59	-0.6	8:26	-0.2	5:21	7:59	