

Isle au Haut, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:04	9.3	1:15	10.0	6:41	0.6	7:11	-0.3	7:09	4:06	
2	Tue	1:48	9.4	2:03	9.8	7:29	0.5	7:56	-0.1	7:09	4:07	
3	Wed	2:36	9.5	2:56	9.4	8:23	0.5	8:46	0.1	7:09	4:08	
4	Thu	3:28	9.6	3:54	9.1	9:21	0.4	9:41	0.3	7:09	4:09	
5	Fri	4:25	9.7	4:59	8.8	10:24	0.3	10:41	0.5	7:09	4:10	
6	Sat	5:26	9.9	6:06	8.7	11:31	0.1	11:45	0.7	7:09	4:11	
7	Sun	6:29	10.0	7:14	8.7			12:37	-0.1	7:09	4:12	
8	Mon	7:32	10.3	8:17	9.0	12:50	0.6	1:40	-0.5	7:08	4:13	
9	Tue	8:32	10.6	9:15	9.2	1:51	0.4	2:38	-0.8	7:08	4:14	
10	Wed	9:28	10.8	10:08	9.5	2:49	0.2	3:32	-1.0	7:08	4:15	
11	Thu	10:20	10.9	10:58	9.6	3:44	0.1	4:23	-1.1	7:07	4:17	
12	Fri	11:10	10.8	11:46	9.6	4:35	0.0	5:11	-1.0	7:07	4:18	
13	Sat	11:59	10.6			5:24	0.1	5:57	-0.7	7:07	4:19	
14	Sun	12:32	9.6	12:45	10.2	6:12	0.2	6:42	-0.4	7:06	4:20	
15	Mon	1:17	9.4	1:32	9.7	7:00	0.5	7:26	0.1	7:06	4:21	
16	Tue	2:02	9.2	2:19	9.1	7:48	0.7	8:10	0.6	7:05	4:23	
17	Wed	2:48	9.0	3:08	8.6	8:37	1.0	8:56	1.0	7:05	4:24	
18	Thu	3:35	8.8	4:01	8.1	9:29	1.2	9:44	1.5	7:04	4:25	
19	Fri	4:25	8.6	4:58	7.7	10:24	1.4	10:36	1.8	7:03	4:26	
20	Sat	5:18	8.5	5:57	7.5	11:22	1.4	11:31	1.9	7:03	4:28	
21	Sun	6:13	8.5	6:55	7.5			12:19	1.3	7:02	4:29	
22	Mon	7:07	8.7	7:48	7.7	12:27	1.9	1:13	1.1	7:01	4:30	
23	Tue	7:57	8.9	8:37	7.9	1:19	1.7	2:02	0.7	7:00	4:32	
24	Wed	8:43	9.3	9:20	8.3	2:07	1.5	2:46	0.4	6:59	4:33	
25	Thu	9:26	9.7	10:00	8.7	2:51	1.1	3:27	0.0	6:59	4:34	
26	Fri	10:07	10.1	10:39	9.1	3:32	0.8	4:06	-0.3	6:58	4:36	
27	Sat	10:47	10.3	11:18	9.4	4:13	0.4	4:45	-0.6	6:57	4:37	
28	Sun	11:28	10.5	11:57	9.8	4:54	0.1	5:24	-0.7	6:56	4:38	
29	Mon			12:11	10.5	5:37	-0.1	6:04	-0.7	6:55	4:40	
30	Tue	12:39	10.0	12:56	10.3	6:22	-0.2	6:46	-0.6	6:54	4:41	
31	Wed	1:23	10.1	1:44	9.9	7:11	-0.3	7:32	-0.4	6:53	4:42	