

Isle au Haut, ME - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:25	8.4	6:48	9.1			12:06	1.4	4:55	8:21	
2	Mon	7:22	8.1	7:40	9.1	12:49	1.2	12:59	1.7	4:55	8:21	
3	Tue	8:17	8.0	8:29	9.2	1:43	1.1	1:50	1.8	4:56	8:21	
4	Wed	9:09	8.1	9:16	9.3	2:34	0.9	2:39	1.8	4:56	8:20	
5	Thu	9:56	8.2	10:00	9.4	3:21	0.8	3:25	1.7	4:57	8:20	
6	Fri	10:39	8.3	10:42	9.6	4:04	0.6	4:08	1.6	4:58	8:20	
7	Sat	11:19	8.5	11:21	9.8	4:45	0.5	4:48	1.5	4:58	8:19	
8	Sun	11:57	8.7	11:59	9.9	5:23	0.3	5:27	1.4	4:59	8:19	
9	Mon			12:34	8.8	6:00	0.2	6:05	1.2	5:00	8:19	
10	Tue	12:37	10.0	1:11	9.0	6:37	0.1	6:45	1.1	5:01	8:18	
11	Wed	1:16	10.0	1:50	9.3	7:14	0.0	7:26	1.0	5:01	8:18	
12	Thu	1:58	9.9	2:30	9.5	7:53	0.0	8:10	0.8	5:02	8:17	
13	Fri	2:42	9.8	3:13	9.7	8:34	0.1	8:59	0.7	5:03	8:16	
14	Sat	3:30	9.6	4:00	9.9	9:19	0.2	9:52	0.5	5:04	8:16	
15	Sun	4:24	9.3	4:52	10.0	10:09	0.4	10:49	0.4	5:05	8:15	
16	Mon	5:22	9.0	5:49	10.1	11:04	0.6	11:51	0.3	5:06	8:14	
17	Tue	6:26	8.8	6:49	10.2			12:04	0.7	5:07	8:14	
18	Wed	7:32	8.8	7:52	10.4	12:56	0.1	1:08	0.8	5:08	8:13	
19	Thu	8:37	8.9	8:54	10.7	2:01	-0.2	2:12	0.7	5:09	8:12	
20	Fri	9:39	9.2	9:54	10.9	3:03	-0.5	3:13	0.5	5:09	8:11	
21	Sat	10:37	9.5	10:50	11.1	4:01	-0.8	4:12	0.3	5:10	8:10	
22	Sun	11:30	9.7	11:44	11.1	4:55	-0.9	5:07	0.1	5:11	8:10	
23	Mon			12:21	9.9	5:46	-0.9	6:00	0.1	5:12	8:09	
24	Tue	12:35	10.9	1:10	10.0	6:35	-0.8	6:51	0.1	5:13	8:08	
25	Wed	1:25	10.6	1:58	9.9	7:22	-0.5	7:42	0.3	5:14	8:07	
26	Thu	2:14	10.1	2:45	9.8	8:08	-0.1	8:32	0.5	5:16	8:06	
27	Fri	3:04	9.6	3:32	9.5	8:54	0.4	9:23	0.8	5:17	8:05	
28	Sat	3:54	9.0	4:19	9.3	9:40	0.9	10:15	1.1	5:18	8:03	
29	Sun	4:46	8.5	5:09	9.0	10:29	1.4	11:09	1.3	5:19	8:02	
30	Mon	5:42	8.1	6:01	8.9	11:20	1.7			5:20	8:01	
31	Tue	6:40	7.8	6:56	8.8	12:05	1.4	12:14	2.0	5:21	8:00	