








## Isle au Haut, ME - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:18	8.1	8:30	9.3	1:41	0.8	1:51	1.6	5:22	7:58	
2	Sun	9:11	8.2	9:21	9.4	2:35	0.8	2:44	1.6	5:24	7:57	
3	Mon	9:59	8.3	10:07	9.5	3:24	0.6	3:31	1.4	5:25	7:56	
4	Tue	10:41	8.5	10:48	9.7	4:08	0.5	4:14	1.3	5:26	7:54	
5	Wed	11:20	8.7	11:26	9.7	4:47	0.4	4:54	1.2	5:27	7:53	
6	Thu	11:56	8.9			5:23	0.3	5:31	1.1	5:28	7:52	
7	Fri	12:02	9.7	12:30	9.1	5:57	0.3	6:07	1.0	5:29	7:50	
8	Sat	12:38	9.7	1:03	9.2	6:30	0.3	6:42	0.9	5:30	7:49	
9	Sun	1:13	9.6	1:36	9.4	7:02	0.4	7:19	0.9	5:31	7:48	
10	Mon	1:49	9.4	2:12	9.5	7:36	0.5	7:58	0.8	5:32	7:46	
11	Tue	2:29	9.2	2:50	9.6	8:13	0.7	8:41	0.8	5:34	7:45	
12	Wed	3:12	9.0	3:33	9.6	8:54	0.8	9:29	0.7	5:35	7:43	
13	Thu	4:01	8.7	4:23	9.6	9:41	1.0	10:23	0.7	5:36	7:42	
14	Fri	4:57	8.5	5:19	9.7	10:35	1.2	11:25	0.6	5:37	7:40	
15	Sat	6:00	8.3	6:22	9.8	11:36	1.2			5:38	7:39	
16	Sun	7:08	8.4	7:28	10.0	12:31	0.5	12:43	1.1	5:39	7:37	
17	Mon	8:14	8.7	8:33	10.4	1:37	0.1	1:50	0.8	5:40	7:36	
18	Tue	9:16	9.2	9:34	10.8	2:39	-0.3	2:53	0.3	5:42	7:34	
19	Wed	10:13	9.8	10:31	11.2	3:37	-0.8	3:52	-0.2	5:43	7:32	
20	Thu	11:06	10.3	11:25	11.3	4:31	-1.1	4:48	-0.6	5:44	7:31	
21	Fri	11:57	10.7			5:21	-1.3	5:41	-0.8	5:45	7:29	
22	Sat	12:17	11.3	12:46	10.9	6:10	-1.2	6:34	-0.8	5:46	7:28	
23	Sun	1:09	11.0	1:35	10.8	6:59	-0.9	7:26	-0.7	5:47	7:26	
24	Mon	2:00	10.5	2:24	10.6	7:47	-0.4	8:18	-0.4	5:48	7:24	
25	Tue	2:53	9.9	3:14	10.2	8:37	0.2	9:12	0.0	5:50	7:22	
26	Wed	3:47	9.2	4:07	9.8	9:29	0.8	10:09	0.5	5:51	7:21	
27	Thu	4:44	8.6	5:03	9.3	10:24	1.3	11:08	0.9	5:52	7:19	
28	Fri	5:45	8.2	6:02	9.0	11:22	1.7			5:53	7:17	
29	Sat	6:47	7.9	7:03	8.9	12:08	1.1	12:22	1.9	5:54	7:16	
30	Sun	7:46	7.9	8:00	8.9	1:08	1.2	1:21	1.8	5:55	7:14	
31	Mon	8:40	8.1	8:52	9.1	2:03	1.1	2:14	1.7	5:56	7:12	