

































## Isle au Haut, ME - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:13	9.5	6:47	8.6			12:12	0.4	7:09	4:06	
2	Mon	7:08	9.6	7:46	8.6	12:27	0.8	1:10	0.2	7:09	4:07	
3	Tue	8:00	9.6	8:38	8.5	1:21	1.0	2:03	0.1	7:09	4:08	
4	Wed	8:48	9.7	9:26	8.6	2:11	1.0	2:50	0.0	7:09	4:09	
5	Thu	9:32	9.7	10:08	8.6	2:57	1.1	3:34	0.0	7:09	4:10	
6	Fri	10:13	9.7	10:48	8.6	3:39	1.1	4:14	0.0	7:09	4:11	
7	Sat	10:51	9.7	11:25	8.6	4:19	1.1	4:52	0.1	7:09	4:12	
8	Sun	11:28	9.7			4:56	1.1	5:29	0.2	7:08	4:13	
9	Mon	12:01	8.6	12:05	9.5	5:33	1.2	6:04	0.3	7:08	4:14	
10	Tue	12:37	8.5	12:41	9.4	6:09	1.3	6:39	0.4	7:08	4:15	
11	Wed	1:13	8.5	1:19	9.2	6:47	1.3	7:15	0.6	7:07	4:17	
12	Thu	1:50	8.5	1:59	8.9	7:27	1.4	7:52	0.7	7:07	4:18	
13	Fri	2:30	8.6	2:42	8.6	8:11	1.4	8:33	0.9	7:07	4:19	
14	Sat	3:13	8.7	3:31	8.4	8:59	1.3	9:18	1.0	7:06	4:20	
15	Sun	4:01	8.8	4:26	8.2	9:53	1.2	10:09	1.2	7:06	4:21	
16	Mon	4:53	9.0	5:27	8.1	10:52	1.0	11:06	1.2	7:05	4:22	
17	Tue	5:50	9.2	6:31	8.2	11:54	0.6			7:05	4:24	
18	Wed	6:50	9.6	7:33	8.5	12:06	1.1	12:56	0.1	7:04	4:25	
19	Thu	7:49	10.1	8:33	8.9	1:06	0.8	1:56	-0.4	7:03	4:26	
20	Fri	8:46	10.7	9:29	9.3	2:06	0.5	2:52	-0.9	7:03	4:28	
21	Sat	9:42	11.1	10:22	9.7	3:03	0.1	3:46	-1.3	7:02	4:29	
22	Sun	10:36	11.4	11:15	10.1	3:58	-0.3	4:39	-1.6	7:01	4:30	
23	Mon	11:29	11.5			4:52	-0.6	5:31	-1.6	7:00	4:32	
24	Tue	12:06	10.3	12:23	11.3	5:46	-0.6	6:22	-1.5	6:59	4:33	
25	Wed	12:58	10.3	1:17	10.9	6:41	-0.6	7:13	-1.1	6:59	4:34	
26	Thu	1:51	10.2	2:12	10.3	7:38	-0.4	8:06	-0.6	6:58	4:36	
27	Fri	2:45	10.0	3:10	9.6	8:36	-0.1	9:00	0.0	6:57	4:37	
28	Sat	3:40	9.7	4:11	8.9	9:36	0.2	9:56	0.6	6:56	4:38	
29	Sun	4:38	9.4	5:15	8.4	10:39	0.5	10:56	1.1	6:55	4:40	
30	Mon	5:38	9.2	6:19	8.1	11:42	0.6	11:56	1.4	6:54	4:41	
31	Tue	6:37	9.1	7:21	8.0			12:43	0.6	6:53	4:42	