


























## Isle au Haut, ME - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:51	8.2	5:13	8.8	10:32	1.6	11:13	1.5	5:23	7:58	
2	Sat	5:45	7.8	6:04	8.7	11:22	2.0			5:24	7:57	
3	Sun	6:43	7.6	6:58	8.6	12:08	1.6	12:16	2.1	5:25	7:56	
4	Mon	7:41	7.6	7:52	8.8	1:05	1.5	1:11	2.2	5:26	7:54	
5	Tue	8:35	7.7	8:43	9.0	1:59	1.3	2:04	2.1	5:27	7:53	
6	Wed	9:25	7.9	9:31	9.3	2:50	1.0	2:54	1.8	5:28	7:52	
7	Thu	10:10	8.3	10:16	9.7	3:36	0.7	3:40	1.5	5:29	7:50	
8	Fri	10:52	8.7	10:59	10.1	4:19	0.3	4:24	1.1	5:30	7:49	
9	Sat	11:33	9.1	11:41	10.4	4:59	0.0	5:06	0.8	5:32	7:48	
10	Sun			12:13	9.5	5:39	-0.3	5:49	0.4	5:33	7:46	
11	Mon	12:24	10.5	12:54	9.9	6:19	-0.5	6:34	0.1	5:34	7:45	
12	Tue	1:08	10.5	1:36	10.2	7:00	-0.5	7:21	-0.1	5:35	7:43	
13	Wed	1:54	10.4	2:21	10.4	7:44	-0.4	8:10	-0.1	5:36	7:42	
14	Thu	2:44	10.1	3:09	10.4	8:30	-0.2	9:04	-0.1	5:37	7:40	
15	Fri	3:37	9.6	4:02	10.3	9:21	0.2	10:02	0.0	5:38	7:39	
16	Sat	4:36	9.1	4:59	10.2	10:17	0.6	11:05	0.2	5:40	7:37	
17	Sun	5:41	8.7	6:03	10.0	11:19	1.0			5:41	7:35	
18	Mon	6:50	8.5	7:10	9.9	12:12	0.3	12:26	1.1	5:42	7:34	
19	Tue	7:58	8.5	8:16	10.0	1:20	0.2	1:34	1.1	5:43	7:32	
20	Wed	9:02	8.7	9:17	10.2	2:24	0.1	2:37	0.9	5:44	7:31	
21	Thu	9:58	9.0	10:13	10.3	3:22	-0.1	3:35	0.7	5:45	7:29	
22	Fri	10:49	9.3	11:03	10.4	4:14	-0.3	4:27	0.4	5:46	7:27	
23	Sat	11:35	9.5	11:49	10.3	5:01	-0.3	5:15	0.3	5:48	7:26	
24	Sun			12:18	9.6	5:44	-0.2	5:59	0.3	5:49	7:24	
25	Mon	12:32	10.1	12:58	9.6	6:25	0.0	6:42	0.4	5:50	7:22	
26	Tue	1:14	9.8	1:36	9.6	7:03	0.3	7:24	0.6	5:51	7:21	
27	Wed	1:55	9.4	2:15	9.4	7:41	0.7	8:05	0.8	5:52	7:19	
28	Thu	2:37	8.9	2:54	9.2	8:20	1.1	8:49	1.0	5:53	7:17	
29	Fri	3:21	8.5	3:36	8.9	9:00	1.5	9:35	1.3	5:54	7:15	
30	Sat	4:08	8.0	4:23	8.7	9:45	1.9	10:25	1.5	5:56	7:14	
31	Sun	5:00	7.7	5:14	8.5	10:34	2.2	11:21	1.6	5:57	7:12	