

































## Isle au Haut, ME - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:54	9.9	1:23	9.3	6:49	0.2	7:01	0.9	5:22	7:58	
2	Sun	1:32	9.8	1:59	9.5	7:24	0.2	7:41	0.7	5:23	7:57	
3	Mon	2:13	9.7	2:39	9.7	8:02	0.2	8:25	0.6	5:25	7:56	
4	Tue	2:57	9.4	3:22	9.8	8:43	0.4	9:14	0.5	5:26	7:55	
5	Wed	3:46	9.1	4:10	9.9	9:29	0.6	10:08	0.5	5:27	7:53	
6	Thu	4:41	8.8	5:04	9.9	10:21	0.8	11:08	0.5	5:28	7:52	
7	Fri	5:42	8.6	6:05	9.9	11:20	1.0			5:29	7:51	
8	Sat	6:49	8.5	7:10	10.1	12:13	0.4	12:25	1.1	5:30	7:49	
9	Sun	7:58	8.6	8:16	10.3	1:20	0.1	1:32	1.0	5:31	7:48	
10	Mon	9:02	8.9	9:19	10.6	2:25	-0.2	2:37	0.7	5:32	7:46	
11	Tue	10:02	9.3	10:18	10.9	3:26	-0.5	3:38	0.3	5:34	7:45	
12	Wed	10:57	9.7	11:13	11.1	4:21	-0.8	4:35	0.0	5:35	7:43	
13	Thu	11:48	10.1			5:13	-1.0	5:28	-0.2	5:36	7:42	
14	Fri	12:05	11.0	12:37	10.3	6:02	-0.9	6:20	-0.3	5:37	7:40	
15	Sat	12:55	10.8	1:24	10.3	6:49	-0.7	7:10	-0.2	5:38	7:39	
16	Sun	1:44	10.4	2:11	10.2	7:35	-0.3	8:00	0.0	5:39	7:37	
17	Mon	2:33	9.8	2:57	9.9	8:21	0.2	8:51	0.4	5:40	7:36	
18	Tue	3:24	9.2	3:45	9.6	9:08	0.8	9:43	0.7	5:42	7:34	
19	Wed	4:16	8.6	4:35	9.2	9:57	1.3	10:37	1.1	5:43	7:33	
20	Thu	5:12	8.1	5:29	8.9	10:50	1.8	11:34	1.3	5:44	7:31	
21	Fri	6:11	7.8	6:26	8.7	11:46	2.0			5:45	7:29	
22	Sat	7:11	7.7	7:24	8.7	12:33	1.4	12:44	2.1	5:46	7:28	
23	Sun	8:08	7.7	8:19	8.8	1:30	1.3	1:40	2.0	5:47	7:26	
24	Mon	8:59	7.9	9:08	9.1	2:23	1.1	2:31	1.8	5:48	7:24	
25	Tue	9:45	8.2	9:53	9.4	3:10	0.9	3:18	1.5	5:50	7:23	
26	Wed	10:26	8.6	10:34	9.7	3:52	0.6	4:00	1.2	5:51	7:21	
27	Thu	11:03	8.9	11:12	9.9	4:30	0.3	4:39	0.9	5:52	7:19	
28	Fri	11:38	9.3	11:49	10.0	5:06	0.1	5:17	0.6	5:53	7:18	
29	Sat			12:13	9.6	5:40	0.0	5:55	0.4	5:54	7:16	
30	Sun	12:27	10.0	12:49	9.9	6:15	0.0	6:34	0.2	5:55	7:14	
31	Mon	1:06	9.9	1:27	10.1	6:52	0.0	7:16	0.0	5:56	7:12	