
































Isle au Haut, ME - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:32	10.5	8:13	9.3	12:49	0.3	1:37	-0.7	7:09	4:07	
2	Wed	8:31	10.9	9:11	9.6	1:51	0.1	2:35	-1.1	7:09	4:07	
3	Thu	9:26	11.1	10:06	9.9	2:48	-0.2	3:30	-1.3	7:09	4:08	
4	Fri	10:20	11.2	10:57	10.0	3:43	-0.3	4:21	-1.4	7:09	4:09	
5	Sat	11:11	11.2	11:47	10.0	4:35	-0.4	5:11	-1.3	7:09	4:10	
6	Sun			12:01	10.9	5:26	-0.3	5:59	-1.0	7:09	4:11	
7	Mon	12:35	9.9	12:50	10.5	6:17	-0.1	6:46	-0.6	7:08	4:12	
8	Tue	1:23	9.7	1:39	9.9	7:07	0.2	7:33	-0.2	7:08	4:13	
9	Wed	2:11	9.5	2:29	9.3	7:58	0.5	8:21	0.3	7:08	4:15	
10	Thu	2:59	9.2	3:21	8.8	8:50	0.8	9:10	0.8	7:08	4:16	
11	Fri	3:50	8.9	4:16	8.3	9:44	1.1	10:01	1.2	7:07	4:17	
12	Sat	4:42	8.7	5:14	7.9	10:41	1.2	10:55	1.5	7:07	4:18	
13	Sun	5:37	8.7	6:13	7.8	11:39	1.2	11:49	1.7	7:06	4:19	
14	Mon	6:31	8.7	7:09	7.8			12:34	1.1	7:06	4:20	
15	Tue	7:23	8.9	8:00	7.9	12:43	1.6	1:26	0.9	7:05	4:22	
16	Wed	8:11	9.1	8:47	8.2	1:33	1.5	2:13	0.6	7:05	4:23	
17	Thu	8:55	9.4	9:29	8.5	2:19	1.2	2:56	0.3	7:04	4:24	
18	Fri	9:36	9.7	10:08	8.8	3:01	1.0	3:35	0.0	7:04	4:25	
19	Sat	10:15	10.0	10:45	9.1	3:41	0.7	4:13	-0.3	7:03	4:27	
20	Sun	10:53	10.2	11:23	9.4	4:20	0.5	4:50	-0.5	7:02	4:28	
21	Mon	11:33	10.3			4:59	0.2	5:27	-0.6	7:02	4:29	
22	Tue	12:01	9.7	12:14	10.3	5:40	0.1	6:07	-0.6	7:01	4:31	
23	Wed	12:41	9.9	12:57	10.2	6:24	-0.1	6:48	-0.5	7:00	4:32	
24	Thu	1:25	10.0	1:45	9.9	7:11	-0.1	7:34	-0.3	6:59	4:33	
25	Fri	2:12	10.1	2:37	9.5	8:03	-0.1	8:24	0.0	6:58	4:35	
26	Sat	3:05	10.0	3:35	9.1	9:01	0.0	9:20	0.3	6:57	4:36	
27	Sun	4:03	9.9	4:40	8.7	10:05	0.1	10:23	0.6	6:56	4:37	
28	Mon	5:07	9.8	5:50	8.6	11:13	0.1	11:30	0.7	6:55	4:39	
29	Tue	6:14	9.9	6:59	8.7			12:22	-0.1	6:54	4:40	
30	Wed	7:20	10.1	8:04	9.0	12:38	0.6	1:26	-0.4	6:53	4:41	
31	Thu	8:22	10.4	9:01	9.3	1:42	0.3	2:25	-0.7	6:52	4:43	