

































## Isle au Haut, ME - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:13	10.0	8:49	9.3	1:34	0.4	2:12	-0.4	6:10	5:22	
2	Sat	9:07	10.2	9:38	9.7	2:31	0.0	3:03	-0.6	6:09	5:24	
3	Sun	9:56	10.3	10:22	9.9	3:21	-0.2	3:48	-0.6	6:07	5:25	
4	Mon	10:41	10.3	11:03	10.0	4:07	-0.4	4:30	-0.5	6:05	5:26	
5	Tue	11:23	10.1	11:42	10.0	4:50	-0.4	5:10	-0.3	6:03	5:27	
6	Wed			12:03	9.8	5:31	-0.3	5:48	0.0	6:02	5:29	
7	Thu	12:19	9.8	12:42	9.5	6:10	-0.1	6:25	0.4	6:00	5:30	
8	Fri	12:57	9.6	1:22	9.0	6:50	0.2	7:03	0.8	5:58	5:31	
9	Sat	1:36	9.3	2:04	8.6	7:31	0.5	7:43	1.1	5:56	5:33	
10	Sun	3:17	9.0	3:49	8.2	9:15	0.9	9:26	1.5	6:55	6:34	
11	Mon	4:03	8.7	4:39	7.8	10:03	1.2	10:16	1.8	6:53	6:35	
12	Tue	4:54	8.5	5:34	7.6	10:57	1.4	11:11	1.9	6:51	6:36	
13	Wed	5:51	8.4	6:34	7.6	11:55	1.4			6:49	6:38	
14	Thu	6:51	8.4	7:32	7.8	12:11	1.9	12:54	1.2	6:47	6:39	
15	Fri	7:48	8.7	8:25	8.2	1:09	1.6	1:48	0.9	6:46	6:40	
16	Sat	8:41	9.1	9:13	8.8	2:04	1.2	2:37	0.5	6:44	6:41	
17	Sun	9:30	9.6	9:57	9.4	2:54	0.6	3:23	0.0	6:42	6:43	
18	Mon	10:17	10.1	10:40	10.1	3:41	0.0	4:06	-0.4	6:40	6:44	
19	Tue	11:02	10.4	11:23	10.6	4:26	-0.6	4:49	-0.7	6:38	6:45	
20	Wed	11:47	10.7			5:12	-1.0	5:32	-0.9	6:37	6:46	
21	Thu	12:06	11.0	12:34	10.7	5:58	-1.3	6:17	-0.9	6:35	6:48	
22	Fri	12:52	11.2	1:23	10.5	6:47	-1.4	7:04	-0.7	6:33	6:49	
23	Sat	1:40	11.1	2:14	10.1	7:38	-1.3	7:56	-0.3	6:31	6:50	
24	Sun	2:32	10.9	3:10	9.7	8:33	-0.9	8:51	0.1	6:29	6:51	
25	Mon	3:29	10.5	4:12	9.2	9:33	-0.5	9:53	0.5	6:27	6:53	
26	Tue	4:32	10.0	5:19	8.8	10:38	-0.1	11:01	0.8	6:26	6:54	
27	Wed	5:41	9.6	6:29	8.7	11:47	0.2			6:24	6:55	
28	Thu	6:52	9.4	7:36	8.8	12:12	0.9	12:55	0.2	6:22	6:56	
29	Fri	7:59	9.5	8:37	9.1	1:20	0.7	1:57	0.1	6:20	6:57	
30	Sat	8:59	9.6	9:30	9.4	2:22	0.4	2:52	0.0	6:18	6:59	
31	Sun	9:52	9.7	10:17	9.7	3:16	0.1	3:41	-0.1	6:16	7:00	