

































## Isle au Haut, ME - Jul 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:31	9.8	1:07	8.7	6:33	0.3	6:39	1.4	4:55	8:21	
2	Sun	1:10	9.7	1:44	8.7	7:10	0.4	7:18	1.5	4:56	8:21	
3	Mon	1:49	9.5	2:22	8.7	7:47	0.6	7:58	1.5	4:56	8:21	
4	Tue	2:28	9.2	3:01	8.8	8:24	0.7	8:39	1.6	4:57	8:20	
5	Wed	3:09	9.0	3:40	8.8	9:01	0.9	9:23	1.6	4:58	8:20	
6	Thu	3:52	8.7	4:22	8.9	9:41	1.1	10:10	1.6	4:58	8:20	
7	Fri	4:39	8.4	5:06	8.9	10:24	1.3	11:00	1.5	4:59	8:19	
8	Sat	5:30	8.2	5:55	9.1	11:10	1.4	11:54	1.3	5:00	8:19	
9	Sun	6:26	8.1	6:47	9.3			12:02	1.5	5:01	8:18	
10	Mon	7:25	8.1	7:42	9.6	12:51	1.0	12:57	1.5	5:01	8:18	
11	Tue	8:24	8.4	8:38	10.0	1:49	0.6	1:55	1.3	5:02	8:17	
12	Wed	9:22	8.7	9:33	10.5	2:46	0.1	2:52	1.0	5:03	8:17	
13	Thu	10:17	9.1	10:28	10.9	3:41	-0.4	3:48	0.6	5:04	8:16	
14	Fri	11:10	9.5	11:22	11.3	4:34	-0.8	4:44	0.3	5:05	8:15	
15	Sat			12:03	9.9	5:27	-1.1	5:39	0.0	5:06	8:15	
16	Sun	12:16	11.4	12:55	10.2	6:19	-1.3	6:34	-0.2	5:07	8:14	
17	Mon	1:10	11.3	1:48	10.4	7:10	-1.2	7:30	-0.3	5:07	8:13	
18	Tue	2:05	11.0	2:41	10.5	8:02	-1.0	8:27	-0.2	5:08	8:12	
19	Wed	3:01	10.6	3:35	10.5	8:55	-0.6	9:26	-0.1	5:09	8:12	
20	Thu	4:00	10.0	4:30	10.3	9:49	-0.1	10:26	0.1	5:10	8:11	
21	Fri	5:01	9.4	5:28	10.1	10:46	0.4	11:29	0.3	5:11	8:10	
22	Sat	6:04	8.9	6:27	9.9	11:44	0.9			5:12	8:09	
23	Sun	7:08	8.6	7:27	9.7	12:31	0.4	12:45	1.2	5:13	8:08	
24	Mon	8:10	8.4	8:24	9.6	1:33	0.5	1:44	1.4	5:14	8:07	
25	Tue	9:07	8.4	9:18	9.6	2:30	0.4	2:40	1.4	5:15	8:06	
26	Wed	9:59	8.4	10:06	9.7	3:23	0.4	3:30	1.4	5:16	8:05	
27	Thu	10:44	8.6	10:50	9.8	4:09	0.3	4:16	1.3	5:17	8:04	
28	Fri	11:25	8.7	11:31	9.8	4:52	0.3	4:58	1.2	5:19	8:03	
29	Sat			12:03	8.8	5:30	0.3	5:37	1.2	5:20	8:02	
30	Sun	12:09	9.7	12:39	8.9	6:06	0.4	6:14	1.2	5:21	8:00	
31	Mon	12:45	9.7	1:13	9.0	6:40	0.4	6:50	1.2	5:22	7:59	