

































## Isle au Haut, ME - Jan 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:54	10.2	7:30	9.4	12:10	0.2	12:54	-0.4	7:09	4:07	
2	Thu	7:52	10.8	8:30	9.8	1:10	-0.1	1:54	-1.0	7:09	4:08	
3	Fri	8:49	11.2	9:26	10.1	2:09	-0.4	2:50	-1.4	7:09	4:09	
4	Sat	9:43	11.6	10:21	10.4	3:05	-0.7	3:45	-1.8	7:09	4:10	
5	Sun	10:37	11.7	11:14	10.6	4:00	-0.8	4:38	-1.9	7:09	4:11	
6	Mon	11:30	11.6			4:54	-0.9	5:30	-1.8	7:08	4:12	
7	Tue	12:06	10.6	12:23	11.4	5:48	-0.8	6:22	-1.5	7:08	4:13	
8	Wed	12:59	10.4	1:17	10.9	6:42	-0.5	7:15	-1.1	7:08	4:14	
9	Thu	1:52	10.1	2:12	10.3	7:38	-0.2	8:08	-0.6	7:08	4:15	
10	Fri	2:47	9.8	3:09	9.6	8:35	0.2	9:02	0.0	7:07	4:16	
11	Sat	3:43	9.5	4:08	9.0	9:34	0.5	9:58	0.5	7:07	4:17	
12	Sun	4:40	9.2	5:09	8.6	10:35	0.8	10:55	0.9	7:07	4:18	
13	Mon	5:37	9.1	6:09	8.3	11:35	0.8	11:52	1.1	7:06	4:20	
14	Tue	6:33	9.0	7:07	8.2			12:32	0.8	7:06	4:21	
15	Wed	7:25	9.1	8:00	8.3	12:46	1.2	1:25	0.6	7:05	4:22	
16	Thu	8:14	9.3	8:47	8.5	1:37	1.1	2:13	0.4	7:05	4:23	
17	Fri	8:58	9.5	9:30	8.6	2:22	1.0	2:56	0.2	7:04	4:25	
18	Sat	9:38	9.7	10:09	8.8	3:05	0.9	3:36	0.1	7:03	4:26	
19	Sun	10:16	9.8	10:45	9.0	3:44	0.8	4:13	-0.1	7:03	4:27	
20	Mon	10:52	9.9	11:20	9.1	4:20	0.7	4:48	-0.1	7:02	4:28	
21	Tue	11:28	9.9	11:55	9.2	4:56	0.6	5:23	-0.2	7:01	4:30	
22	Wed			12:04	9.9	5:32	0.5	5:57	-0.2	7:00	4:31	
23	Thu	12:31	9.3	12:42	9.8	6:09	0.5	6:34	-0.2	7:00	4:32	
24	Fri	1:09	9.4	1:22	9.7	6:50	0.5	7:14	-0.1	6:59	4:34	
25	Sat	1:50	9.5	2:08	9.5	7:35	0.4	7:57	0.0	6:58	4:35	
26	Sun	2:36	9.5	2:58	9.2	8:25	0.4	8:46	0.2	6:57	4:36	
27	Mon	3:27	9.6	3:55	9.0	9:21	0.4	9:41	0.4	6:56	4:38	
28	Tue	4:25	9.7	4:59	8.8	10:23	0.3	10:43	0.4	6:55	4:39	
29	Wed	5:27	9.8	6:07	8.9	11:30	0.1	11:48	0.4	6:54	4:41	
30	Thu	6:32	10.1	7:13	9.1			12:36	-0.3	6:53	4:42	
31	Fri	7:35	10.5	8:16	9.5	12:54	0.1	1:39	-0.8	6:52	4:43	