

































## Isle au Haut, ME - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:19	10.0	6:54	9.2			12:19	-0.1	7:09	4:07	
2	Tue	7:18	10.4	7:57	9.4	12:36	0.2	1:20	-0.6	7:09	4:08	
3	Wed	8:15	10.9	8:55	9.7	1:35	0.0	2:19	-1.1	7:09	4:09	
4	Thu	9:11	11.2	9:51	9.9	2:32	-0.2	3:15	-1.4	7:09	4:10	
5	Fri	10:05	11.4	10:45	10.1	3:28	-0.4	4:08	-1.6	7:09	4:11	
6	Sat	10:58	11.4	11:37	10.1	4:22	-0.4	5:01	-1.6	7:08	4:12	
7	Sun	11:50	11.2			5:15	-0.3	5:52	-1.3	7:08	4:13	
8	Mon	12:29	9.9	12:42	10.8	6:08	-0.1	6:43	-1.0	7:08	4:14	
9	Tue	1:20	9.7	1:35	10.3	7:01	0.2	7:34	-0.5	7:08	4:15	
10	Wed	2:12	9.5	2:29	9.7	7:56	0.5	8:26	0.0	7:07	4:16	
11	Thu	3:05	9.2	3:25	9.1	8:52	0.8	9:19	0.5	7:07	4:17	
12	Fri	3:59	8.9	4:22	8.6	9:50	1.0	10:12	0.9	7:07	4:18	
13	Sat	4:54	8.8	5:22	8.2	10:48	1.2	11:07	1.2	7:06	4:20	
14	Sun	5:49	8.7	6:20	8.0	11:46	1.1			7:06	4:21	
15	Mon	6:42	8.8	7:16	8.0	12:01	1.4	12:42	1.0	7:05	4:22	
16	Tue	7:32	8.9	8:07	8.1	12:53	1.5	1:33	0.8	7:05	4:23	
17	Wed	8:18	9.1	8:54	8.3	1:41	1.4	2:19	0.5	7:04	4:25	
18	Thu	9:01	9.4	9:36	8.5	2:26	1.3	3:02	0.3	7:03	4:26	
19	Fri	9:41	9.6	10:15	8.6	3:08	1.1	3:42	0.1	7:03	4:27	
20	Sat	10:19	9.8	10:52	8.8	3:46	0.9	4:19	-0.1	7:02	4:28	
21	Sun	10:57	10.0	11:28	9.0	4:24	0.8	4:56	-0.2	7:01	4:30	
22	Mon	11:34	10.1			5:01	0.7	5:32	-0.3	7:00	4:31	
23	Tue	12:05	9.1	12:13	10.1	5:39	0.6	6:09	-0.3	7:00	4:32	
24	Wed	12:43	9.3	12:54	10.0	6:20	0.5	6:49	-0.3	6:59	4:34	
25	Thu	1:24	9.4	1:38	9.9	7:04	0.4	7:32	-0.2	6:58	4:35	
26	Fri	2:09	9.5	2:27	9.6	7:53	0.3	8:19	0.0	6:57	4:36	
27	Sat	2:58	9.6	3:22	9.3	8:48	0.3	9:11	0.2	6:56	4:38	
28	Sun	3:53	9.6	4:23	8.9	9:48	0.3	10:09	0.4	6:55	4:39	
29	Mon	4:52	9.7	5:30	8.8	10:53	0.2	11:12	0.5	6:54	4:41	
30	Tue	5:56	9.9	6:38	8.8			12:01	0.0	6:53	4:42	
31	Wed	7:01	10.1	7:44	9.0	12:18	0.5	1:06	-0.4	6:52	4:43	