

Kittery Point, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:23	8.7	1:29	9.6	7:27	0.5	7:58	-0.4	7:14	4:18	
2	Tue	2:06	8.9	2:18	9.3	8:16	0.4	8:44	-0.3	7:14	4:19	
3	Wed	2:53	9.1	3:11	9.0	9:10	0.3	9:33	-0.1	7:14	4:20	
4	Thu	3:45	9.3	4:10	8.7	10:08	0.3	10:27	0.2	7:14	4:21	
5	Fri	4:40	9.4	5:14	8.4	11:10	0.2	11:25	0.4	7:14	4:22	
6	Sat	5:40	9.5	6:22	8.2			12:16	0.0	7:14	4:23	
7	Sun	6:43	9.7	7:31	8.3	12:28	0.6	1:24	-0.2	7:14	4:24	
8	Mon	7:46	10.0	8:34	8.5	1:32	0.5	2:27	-0.6	7:13	4:25	
9	Tue	8:45	10.2	9:32	8.7	2:34	0.4	3:25	-0.9	7:13	4:26	
10	Wed	9:42	10.4	10:26	8.9	3:31	0.2	4:20	-1.1	7:13	4:27	
11	Thu	10:35	10.5	11:17	9.0	4:25	0.0	5:11	-1.1	7:13	4:28	
12	Fri	11:26	10.4			5:17	0.0	5:58	-1.1	7:12	4:29	
13	Sat	12:04	9.1	12:13	10.1	6:06	0.0	6:43	-0.8	7:12	4:30	
14	Sun	12:50	9.1	1:00	9.7	6:54	0.1	7:27	-0.5	7:11	4:31	
15	Mon	1:34	8.9	1:46	9.2	7:42	0.4	8:10	0.0	7:11	4:33	
16	Tue	2:19	8.8	2:34	8.6	8:31	0.7	8:53	0.5	7:10	4:34	
17	Wed	3:04	8.6	3:25	8.1	9:22	0.9	9:38	0.9	7:10	4:35	
18	Thu	3:51	8.4	4:18	7.6	10:15	1.2	10:26	1.4	7:09	4:36	
19	Fri	4:40	8.3	5:15	7.3	11:11	1.3	11:17	1.7	7:09	4:38	
20	Sat	5:33	8.2	6:15	7.1			12:11	1.4	7:08	4:39	
21	Sun	6:28	8.2	7:15	7.1	12:13	1.9	1:12	1.3	7:07	4:40	
22	Mon	7:24	8.3	8:10	7.2	1:11	1.9	2:07	1.0	7:07	4:41	
23	Tue	8:14	8.6	8:58	7.5	2:04	1.7	2:55	0.7	7:06	4:43	
24	Wed	9:00	9.0	9:41	7.8	2:51	1.4	3:37	0.3	7:05	4:44	
25	Thu	9:43	9.3	10:22	8.1	3:34	1.1	4:17	-0.1	7:04	4:45	
26	Fri	10:24	9.7	11:01	8.5	4:16	0.7	4:55	-0.4	7:03	4:46	
27	Sat	11:04	9.9	11:38	8.9	4:57	0.3	5:32	-0.7	7:02	4:48	
28	Sun	11:45	10.0			5:39	0.0	6:10	-0.9	7:02	4:49	
29	Mon	12:16	9.2	12:27	10.0	6:23	-0.2	6:50	-0.9	7:01	4:50	
30	Tue	12:56	9.5	1:11	9.8	7:08	-0.4	7:32	-0.8	7:00	4:52	
31	Wed	1:39	9.7	1:59	9.5	7:57	-0.4	8:18	-0.5	6:59	4:53	