

Kittery Point, ME - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:39	7.9	7:03	8.8	12:39	1.2	12:49	1.4	5:07	8:26	
2	Mon	7:38	7.7	7:55	8.8	1:39	1.2	1:42	1.7	5:07	8:25	
3	Tue	8:35	7.6	8:46	8.9	2:36	1.1	2:35	1.8	5:08	8:25	
4	Wed	9:28	7.6	9:33	9.0	3:28	1.0	3:24	1.8	5:08	8:25	
5	Thu	10:15	7.7	10:17	9.1	4:14	0.8	4:09	1.7	5:09	8:25	
6	Fri	11:00	7.8	10:59	9.3	4:57	0.6	4:51	1.6	5:10	8:24	
7	Sat	11:41	8.0	11:39	9.4	5:37	0.4	5:31	1.5	5:10	8:24	
8	Sun			12:21	8.1	6:14	0.3	6:10	1.3	5:11	8:24	
9	Mon	12:17	9.5	12:58	8.3	6:50	0.1	6:49	1.2	5:12	8:23	
10	Tue	12:55	9.6	1:34	8.5	7:26	0.0	7:29	1.0	5:12	8:23	
11	Wed	1:33	9.6	2:10	8.7	8:02	-0.1	8:11	0.8	5:13	8:22	
12	Thu	2:13	9.5	2:49	9.0	8:40	-0.1	8:56	0.7	5:14	8:22	
13	Fri	2:57	9.4	3:31	9.2	9:22	-0.1	9:46	0.6	5:15	8:21	
14	Sat	3:46	9.2	4:18	9.5	10:07	0.0	10:39	0.4	5:16	8:21	
15	Sun	4:39	8.9	5:08	9.6	10:56	0.2	11:36	0.3	5:16	8:20	
16	Mon	5:37	8.6	6:03	9.8	11:49	0.4			5:17	8:19	
17	Tue	6:40	8.4	7:02	9.9	12:37	0.2	12:47	0.6	5:18	8:19	
18	Wed	7:47	8.4	8:06	10.1	1:43	0.1	1:50	0.7	5:19	8:18	
19	Thu	8:54	8.5	9:08	10.4	2:49	-0.2	2:54	0.6	5:20	8:17	
20	Fri	9:56	8.7	10:08	10.6	3:50	-0.5	3:55	0.4	5:21	8:16	
21	Sat	10:54	8.9	11:05	10.7	4:48	-0.8	4:53	0.2	5:22	8:16	
22	Sun	11:49	9.2	11:59	10.7	5:42	-1.0	5:49	0.1	5:23	8:15	
23	Mon			12:40	9.4	6:33	-1.0	6:42	0.0	5:24	8:14	
24	Tue	12:51	10.6	1:29	9.4	7:21	-0.9	7:34	0.1	5:25	8:13	
25	Wed	1:40	10.2	2:15	9.4	8:07	-0.6	8:24	0.2	5:26	8:12	
26	Thu	2:29	9.7	3:01	9.3	8:52	-0.2	9:15	0.5	5:27	8:11	
27	Fri	3:18	9.2	3:48	9.1	9:37	0.3	10:07	0.8	5:28	8:10	
28	Sat	4:10	8.6	4:36	8.9	10:23	0.8	11:00	1.0	5:29	8:09	
29	Sun	5:03	8.1	5:25	8.7	11:11	1.3	11:55	1.3	5:30	8:08	
30	Mon	5:58	7.6	6:16	8.6			12:01	1.7	5:31	8:07	
31	Tue	6:56	7.4	7:10	8.5	12:53	1.4	12:55	1.9	5:32	8:06	