






























Kittery Point, ME - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:02	9.0	4:42	8.7	10:29	0.4	10:55	1.3	5:07	8:26	
2	Wed	4:56	8.5	5:31	8.6	11:17	0.9	11:51	1.4	5:08	8:25	
3	Thu	5:51	8.0	6:20	8.6			12:05	1.3	5:08	8:25	
4	Fri	6:47	7.7	7:10	8.6	12:48	1.5	12:54	1.6	5:09	8:25	
5	Sat	7:45	7.5	8:00	8.6	1:46	1.4	1:46	1.8	5:09	8:25	
6	Sun	8:41	7.4	8:49	8.7	2:41	1.3	2:38	1.9	5:10	8:24	
7	Mon	9:32	7.5	9:35	8.9	3:32	1.1	3:26	1.9	5:11	8:24	
8	Tue	10:20	7.6	10:19	9.1	4:17	0.8	4:11	1.8	5:11	8:24	
9	Wed	11:04	7.8	11:01	9.3	5:00	0.6	4:53	1.6	5:12	8:23	
10	Thu	11:46	7.9	11:42	9.5	5:40	0.4	5:34	1.4	5:13	8:23	
11	Fri			12:26	8.1	6:19	0.2	6:15	1.2	5:14	8:22	
12	Sat	12:23	9.7	1:05	8.4	6:57	-0.1	6:57	1.0	5:15	8:22	
13	Sun	1:03	9.8	1:43	8.6	7:35	-0.2	7:40	0.8	5:15	8:21	
14	Mon	1:45	9.8	2:24	8.9	8:15	-0.3	8:26	0.6	5:16	8:20	
15	Tue	2:29	9.8	3:06	9.2	8:57	-0.3	9:16	0.5	5:17	8:20	
16	Wed	3:17	9.5	3:53	9.4	9:42	-0.2	10:09	0.4	5:18	8:19	
17	Thu	4:10	9.2	4:43	9.6	10:31	0.0	11:06	0.3	5:19	8:18	
18	Fri	5:08	8.9	5:36	9.8	11:22	0.2			5:20	8:18	
19	Sat	6:09	8.6	6:33	9.9	12:06	0.2	12:18	0.5	5:21	8:17	
20	Sun	7:15	8.4	7:35	10.0	1:10	0.1	1:19	0.7	5:22	8:16	
21	Mon	8:22	8.3	8:38	10.1	2:17	0.0	2:23	0.8	5:22	8:15	
22	Tue	9:26	8.4	9:38	10.3	3:21	-0.3	3:25	0.7	5:23	8:14	
23	Wed	10:25	8.6	10:35	10.4	4:20	-0.5	4:24	0.6	5:24	8:13	
24	Thu	11:21	8.8	11:30	10.4	5:15	-0.6	5:19	0.5	5:25	8:12	
25	Fri			12:13	8.9	6:07	-0.7	6:11	0.4	5:26	8:11	
26	Sat	12:21	10.4	1:01	9.0	6:55	-0.7	7:01	0.4	5:27	8:10	
27	Sun	1:09	10.1	1:46	9.0	7:39	-0.5	7:49	0.5	5:28	8:09	
28	Mon	1:55	9.8	2:29	9.0	8:22	-0.2	8:37	0.7	5:29	8:08	
29	Tue	2:40	9.3	3:12	8.9	9:04	0.2	9:25	0.9	5:30	8:07	
30	Wed	3:27	8.8	3:56	8.8	9:46	0.7	10:14	1.1	5:31	8:06	
31	Thu	4:16	8.3	4:41	8.6	10:29	1.1	11:05	1.3	5:33	8:05	