






























Kittery Point, ME - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:08	7.8	5:28	8.5	11:14	1.5	11:59	1.5	5:34	8:04	
2	Sat	6:02	7.4	6:18	8.4			12:02	1.9	5:35	8:03	
3	Sun	7:00	7.2	7:12	8.4	12:56	1.6	12:56	2.1	5:36	8:01	
4	Mon	8:00	7.2	8:08	8.5	1:56	1.5	1:53	2.1	5:37	8:00	
5	Tue	8:56	7.3	9:00	8.7	2:53	1.3	2:48	2.0	5:38	7:59	
6	Wed	9:46	7.5	9:48	9.1	3:43	1.0	3:37	1.8	5:39	7:58	
7	Thu	10:31	7.8	10:33	9.4	4:27	0.7	4:23	1.4	5:40	7:56	
8	Fri	11:13	8.1	11:16	9.8	5:09	0.3	5:06	1.0	5:41	7:55	
9	Sat	11:54	8.5	11:58	10.0	5:48	-0.1	5:50	0.7	5:42	7:53	
10	Sun			12:33	9.0	6:27	-0.4	6:34	0.3	5:43	7:52	
11	Mon	12:41	10.1	1:13	9.4	7:06	-0.6	7:19	0.0	5:44	7:51	
12	Tue	1:24	10.1	1:54	9.7	7:47	-0.6	8:06	-0.2	5:45	7:49	
13	Wed	2:10	9.9	2:37	9.9	8:30	-0.5	8:56	-0.3	5:46	7:48	
14	Thu	2:59	9.6	3:25	10.0	9:16	-0.3	9:50	-0.2	5:48	7:46	
15	Fri	3:54	9.2	4:17	10.0	10:06	0.1	10:48	-0.1	5:49	7:45	
16	Sat	4:53	8.7	5:14	9.8	11:01	0.5	11:50	0.1	5:50	7:43	
17	Sun	5:57	8.4	6:17	9.7			12:01	0.8	5:51	7:42	
18	Mon	7:06	8.1	7:24	9.6	12:58	0.2	1:07	1.1	5:52	7:40	
19	Tue	8:16	8.1	8:31	9.7	2:08	0.2	2:16	1.1	5:53	7:39	
20	Wed	9:20	8.3	9:33	9.9	3:14	0.1	3:20	0.9	5:54	7:37	
21	Thu	10:16	8.5	10:28	10.0	4:12	-0.1	4:18	0.7	5:55	7:36	
22	Fri	11:07	8.8	11:19	10.0	5:03	-0.3	5:10	0.5	5:56	7:34	
23	Sat	11:54	9.0			5:50	-0.4	5:58	0.3	5:57	7:32	
24	Sun	12:05	9.9	12:36	9.1	6:32	-0.3	6:43	0.3	5:59	7:31	
25	Mon	12:49	9.7	1:15	9.2	7:11	-0.1	7:26	0.3	6:00	7:29	
26	Tue	1:30	9.4	1:53	9.1	7:48	0.2	8:07	0.5	6:01	7:27	
27	Wed	2:11	9.0	2:30	9.0	8:24	0.6	8:49	0.7	6:02	7:26	
28	Thu	2:52	8.5	3:08	8.8	9:02	1.0	9:33	0.9	6:03	7:24	
29	Fri	3:37	8.1	3:51	8.6	9:42	1.4	10:20	1.2	6:04	7:22	
30	Sat	4:26	7.6	4:37	8.4	10:27	1.8	11:11	1.5	6:05	7:21	
31	Sun	5:19	7.3	5:29	8.2	11:16	2.1			6:06	7:19	