US HARBORS www.USHarbors.com

Monhegan, ME - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:17	9.5	12:59	8.2	6:49	0.3	6:45	1.5	4:59	8:23	
2	Thu	12:54	9.5	1:35	8.2	7:23	0.3	7:22	1.4	4:59	8:22	
3	Fri	1:30	9.4	2:11	8.3	7:58	0.3	8:02	1.4	5:00	8:22	
4	Sat	2:08	9.3	2:47	8.5	8:34	0.3	8:43	1.3	5:01	8:22	
5	Sun	2:48	9.2	3:26	8.7	9:12	0.3	9:29	1.2	5:01	8:22	
6	Mon	3:32	9.0	4:08	9.0	9:53	0.4	10:18	1.0	5:02	8:21	
7	Tue	4:21	8.8	4:53	9.2	10:38	0.5	11:11	0.8	5:03	8:21	
8	Wed	5:14	8.6	5:42	9.5	11:26	0.6			5:03	8:21	
9	Thu	6:12	8.4	6:36	9.8	12:08	0.6	12:19	0.7	5:04	8:20	
10	Fri	7:15	8.4	7:35	10.1	1:09	0.3	1:18	0.7	5:05	8:20	
11	Sat	8:21	8.5	8:36	10.4	2:13	0.0	2:19	0.6	5:06	8:19	
12	Sun	9:24	8.7	9:36	10.8	3:15	-0.4	3:20	0.4	5:06	8:19	
13	Mon	10:24	8.9	10:35	11.0	4:14	-0.8	4:19	0.2	5:07	8:18	
14	Tue	11:22	9.2	11:32	11.2	5:11	-1.1	5:17	0.0	5:08	8:17	
15	Wed			12:17	9.5	6:06	-1.3	6:14	-0.1	5:09	8:17	
16	Thu	12:28	11.1	1:11	9.6	6:59	-1.3	7:09	-0.2	5:10	8:16	
17	Fri	1:22	10.9	2:02	9.7	7:49	-1.1	8:04	-0.1	5:11	8:15	
18	Sat	2:15	10.4	2:53	9.7	8:39	-0.8	9:00	0.2	5:12	8:14	
19	Sun	3:09	9.9	3:45	9.6	9:29	-0.3	9:57	0.4	5:13	8:14	
20	Mon	4:05	9.2	4:37	9.4	10:20	0.3	10:55	0.7	5:14	8:13	
21	Tue	5:02	8.6	5:28	9.2	11:11	0.8	11:54	0.9	5:15	8:12	
22	Wed	6:00	8.1	6:21	9.0			12:03	1.3	5:16	8:11	
23	Thu	7:00	7.7	7:16	8.9	12:54	1.1	12:58	1.7	5:17	8:10	
24	Fri	8:00	7.6	8:11	8.8	1:55	1.1	1:56	1.9	5:18	8:09	
25	Sat	8:56	7.6	9:03	8.9	2:52	1.1	2:50	1.9	5:19	8:08	
26	Sun	9:47	7.7	9:51	9.1	3:43	0.9	3:39	1.8	5:20	8:07	
27	Mon	10:33	7.8	10:34	9.3	4:28	0.7	4:23	1.6	5:21	8:06	
28	Tue	11:15	8.0	11:15	9.4	5:08	0.5	5:03	1.5	5:22	8:05	
29	Wed	11:54	8.2	11:53	9.6	5:46	0.4	5:42	1.3	5:23	8:04	
30	Thu			12:30	8.4	6:20	0.2	6:20	1.1	5:24	8:03	
31	Fri	12:30	9.6	1:04	8.6	6:53	0.1	6:58	0.9	5:25	8:02	