


































Muscongus Harbor, ME - Mar 2026

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 9:02 | 10.1 | 9:40 | 9.2 | 2:49 | 0.4 | 3:32 | -0.6 | 6:14 | 5:26 |  |
| 2 | Mon | 9:55 | 10.3 | 10:27 | 9.6 | 3:44 | 0.0 | 4:20 | -0.8 | 6:12 | 5:27 |  |
| 3 | Tue | 10:43 | 10.3 | 11:11 | 9.8 | 4:34 | -0.3 | 5:04 | -0.8 | 6:10 | 5:28 |  |
| 4 | Wed | 11:28 | 10.2 | 11:51 | 9.9 | 5:21 | -0.5 | 5:45 | -0.6 | 6:08 | 5:29 |  |
| 5 | Thu | | | 12:11 | 9.9 | 6:04 | -0.5 | 6:23 | -0.3 | 6:07 | 5:31 |  |
| 6 | Fri | 12:29 | 9.8 | 12:52 | 9.4 | 6:46 | -0.3 | 7:00 | 0.1 | 6:05 | 5:32 |  |
| 7 | Sat | 1:06 | 9.7 | 1:34 | 8.9 | 7:27 | -0.1 | 7:38 | 0.6 | 6:03 | 5:33 |  |
| 8 | Sun | 1:45 | 9.4 | 3:18 | 8.4 | 9:10 | 0.3 | 9:19 | 1.1 | 7:01 | 6:35 |  |
| 9 | Mon | 3:26 | 9.0 | 4:06 | 7.9 | 9:56 | 0.7 | 10:03 | 1.6 | 7:00 | 6:36 |  |
| 10 | Tue | 4:13 | 8.6 | 4:58 | 7.5 | 10:47 | 1.1 | 10:53 | 2.0 | 6:58 | 6:37 |  |
| 11 | Wed | 5:06 | 8.3 | 5:56 | 7.2 | 11:43 | 1.4 | 11:49 | 2.2 | 6:56 | 6:38 |  |
| 12 | Thu | 6:04 | 8.2 | 6:59 | 7.1 | | | 12:45 | 1.6 | 6:54 | 6:40 |  |
| 13 | Fri | 7:07 | 8.2 | 8:00 | 7.3 | 12:50 | 2.3 | 1:49 | 1.5 | 6:52 | 6:41 |  |
| 14 | Sat | 8:08 | 8.4 | 8:54 | 7.6 | 1:54 | 2.1 | 2:45 | 1.2 | 6:51 | 6:42 |  |
| 15 | Sun | 9:01 | 8.8 | 9:39 | 8.1 | 2:50 | 1.7 | 3:32 | 0.8 | 6:49 | 6:43 |  |
| 16 | Mon | 9:48 | 9.2 | 10:19 | 8.7 | 3:38 | 1.2 | 4:12 | 0.3 | 6:47 | 6:45 |  |
| 17 | Tue | 10:31 | 9.6 | 10:57 | 9.3 | 4:22 | 0.6 | 4:50 | -0.1 | 6:45 | 6:46 |  |
| 18 | Wed | 11:12 | 9.9 | 11:35 | 9.9 | 5:04 | 0.0 | 5:28 | -0.4 | 6:43 | 6:47 |  |
| 19 | Thu | 11:54 | 10.1 | | | 5:47 | -0.6 | 6:06 | -0.6 | 6:42 | 6:48 |  |
| 20 | Fri | 12:13 | 10.3 | 12:37 | 10.1 | 6:30 | -1.0 | 6:46 | -0.7 | 6:40 | 6:50 |  |
| 21 | Sat | 12:53 | 10.6 | 1:22 | 10.0 | 7:15 | -1.2 | 7:29 | -0.5 | 6:38 | 6:51 |  |
| 22 | Sun | 1:35 | 10.8 | 2:09 | 9.7 | 8:02 | -1.2 | 8:15 | -0.2 | 6:36 | 6:52 |  |
| 23 | Mon | 2:21 | 10.6 | 3:01 | 9.3 | 8:52 | -1.0 | 9:05 | 0.2 | 6:34 | 6:53 |  |
| 24 | Tue | 3:13 | 10.3 | 4:00 | 8.8 | 9:49 | -0.6 | 10:02 | 0.6 | 6:33 | 6:54 |  |
| 25 | Wed | 4:13 | 9.9 | 5:06 | 8.4 | 10:52 | -0.1 | 11:05 | 1.0 | 6:31 | 6:56 |  |
| 26 | Thu | 5:21 | 9.6 | 6:17 | 8.2 | | | 12:01 | 0.2 | 6:29 | 6:57 |  |
| 27 | Fri | 6:34 | 9.3 | 7:29 | 8.3 | 12:16 | 1.3 | 1:14 | 0.4 | 6:27 | 6:58 |  |
| 28 | Sat | 7:47 | 9.3 | 8:36 | 8.6 | 1:31 | 1.2 | 2:24 | 0.3 | 6:25 | 6:59 |  |
| 29 | Sun | 8:53 | 9.5 | 9:32 | 9.0 | 2:42 | 0.9 | 3:23 | 0.0 | 6:23 | 7:01 |  |
| 30 | Mon | 9:50 | 9.7 | 10:21 | 9.5 | 3:42 | 0.4 | 4:13 | -0.1 | 6:22 | 7:02 |  |
| 31 | Tue | 10:41 | 9.8 | 11:05 | 9.8 | 4:33 | 0.0 | 4:58 | -0.2 | 6:20 | 7:03 |  |