





























Muscongus Harbor, ME - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:34	9.8	3:12	9.1	9:00	0.0	9:15	1.1	4:59	8:24	
2	Sat	3:20	9.4	3:58	9.0	9:43	0.4	10:04	1.3	4:59	8:24	
3	Sun	4:08	8.9	4:44	8.9	10:27	0.7	10:55	1.4	5:00	8:23	
4	Mon	4:58	8.5	5:31	8.9	11:13	1.0	11:47	1.5	5:01	8:23	
5	Tue	5:50	8.2	6:19	8.9			12:00	1.3	5:01	8:23	
6	Wed	6:45	8.0	7:09	8.9	12:41	1.5	12:49	1.5	5:02	8:22	
7	Thu	7:41	7.9	8:00	9.1	1:37	1.4	1:41	1.6	5:03	8:22	
8	Fri	8:36	8.0	8:48	9.4	2:31	1.2	2:32	1.5	5:03	8:22	
9	Sat	9:26	8.2	9:34	9.7	3:20	0.8	3:20	1.3	5:04	8:21	
10	Sun	10:12	8.5	10:18	10.0	4:06	0.4	4:06	1.0	5:05	8:21	
11	Mon	10:57	8.8	11:03	10.4	4:49	0.0	4:52	0.7	5:06	8:20	
12	Tue	11:42	9.1	11:48	10.7	5:33	-0.4	5:37	0.4	5:07	8:20	
13	Wed			12:26	9.5	6:16	-0.7	6:24	0.1	5:07	8:19	
14	Thu	12:33	10.9	1:11	9.8	7:01	-1.0	7:13	-0.1	5:08	8:18	
15	Fri	1:20	10.9	1:57	10.1	7:46	-1.1	8:03	-0.3	5:09	8:18	
16	Sat	2:10	10.8	2:46	10.2	8:34	-1.1	8:56	-0.3	5:10	8:17	
17	Sun	3:02	10.5	3:38	10.3	9:24	-0.9	9:52	-0.2	5:11	8:16	
18	Mon	3:59	10.1	4:34	10.4	10:18	-0.6	10:53	-0.1	5:12	8:15	
19	Tue	5:00	9.7	5:32	10.3	11:14	-0.3	11:55	0.0	5:13	8:15	
20	Wed	6:03	9.3	6:32	10.3			12:13	0.1	5:14	8:14	
21	Thu	7:09	9.1	7:35	10.3	1:01	0.0	1:16	0.4	5:15	8:13	
22	Fri	8:16	9.0	8:36	10.3	2:08	-0.1	2:19	0.5	5:16	8:12	
23	Sat	9:17	9.0	9:33	10.4	3:11	-0.2	3:20	0.5	5:17	8:11	
24	Sun	10:13	9.1	10:26	10.5	4:07	-0.4	4:14	0.4	5:18	8:10	
25	Mon	11:04	9.2	11:15	10.5	4:58	-0.5	5:05	0.4	5:19	8:09	
26	Tue	11:52	9.3			5:45	-0.5	5:52	0.4	5:20	8:08	
27	Wed	12:01	10.4	12:36	9.4	6:29	-0.4	6:37	0.5	5:21	8:07	
28	Thu	12:44	10.2	1:17	9.3	7:09	-0.3	7:19	0.6	5:22	8:06	
29	Fri	1:25	9.9	1:56	9.3	7:48	-0.1	8:00	0.7	5:23	8:05	
30	Sat	2:05	9.6	2:35	9.2	8:25	0.2	8:42	0.9	5:24	8:03	
31	Sun	2:46	9.2	3:15	9.1	9:03	0.5	9:25	1.1	5:25	8:02	