

New Harbor, ME - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:51	10.1	2:28	9.3	8:13	-0.6	8:28	0.4	4:59	8:24	
2	Fri	2:37	10.0	3:15	9.5	8:58	-0.5	9:20	0.3	5:00	8:23	
3	Sat	3:28	9.8	4:05	9.7	9:47	-0.4	10:15	0.2	5:00	8:23	
4	Sun	4:23	9.5	4:58	9.9	10:39	-0.3	11:14	0.2	5:01	8:23	
5	Mon	5:23	9.2	5:55	10.0	11:34	-0.1			5:01	8:23	
6	Tue	6:26	9.0	6:54	10.2	12:16	0.1	12:32	0.1	5:02	8:22	
7	Wed	7:32	8.9	7:56	10.3	1:21	-0.1	1:34	0.3	5:03	8:22	
8	Thu	8:38	9.0	8:57	10.5	2:26	-0.3	2:37	0.2	5:04	8:22	
9	Fri	9:39	9.1	9:54	10.7	3:28	-0.6	3:36	0.2	5:04	8:21	
10	Sat	10:36	9.3	10:48	10.8	4:24	-0.8	4:32	0.1	5:05	8:21	
11	Sun	11:30	9.4	11:40	10.8	5:17	-1.0	5:25	0.0	5:06	8:20	
12	Mon			12:20	9.5	6:07	-1.0	6:16	0.1	5:07	8:19	
13	Tue	12:30	10.6	1:08	9.5	6:55	-0.8	7:05	0.2	5:08	8:19	
14	Wed	1:17	10.3	1:53	9.4	7:39	-0.6	7:53	0.4	5:08	8:18	
15	Thu	2:03	9.9	2:38	9.3	8:23	-0.3	8:40	0.6	5:09	8:18	
16	Fri	2:49	9.5	3:23	9.1	9:06	0.1	9:28	0.9	5:10	8:17	
17	Sat	3:36	9.0	4:09	9.0	9:50	0.5	10:19	1.1	5:11	8:16	
18	Sun	4:26	8.5	4:56	8.8	10:35	0.9	11:10	1.3	5:12	8:15	
19	Mon	5:17	8.1	5:44	8.7	11:21	1.3			5:13	8:15	
20	Tue	6:11	7.8	6:34	8.7	12:03	1.4	12:10	1.5	5:14	8:14	
21	Wed	7:08	7.6	7:27	8.7	1:00	1.4	1:03	1.7	5:15	8:13	
22	Thu	8:05	7.6	8:19	8.9	1:57	1.3	1:57	1.7	5:16	8:12	
23	Fri	8:58	7.8	9:08	9.2	2:50	1.1	2:48	1.5	5:17	8:11	
24	Sat	9:46	8.0	9:53	9.5	3:37	0.7	3:36	1.3	5:18	8:10	
25	Sun	10:31	8.3	10:36	9.8	4:20	0.4	4:20	1.0	5:19	8:09	
26	Mon	11:13	8.7	11:19	10.1	5:02	0.0	5:04	0.6	5:20	8:08	
27	Tue	11:55	9.1			5:43	-0.4	5:49	0.3	5:21	8:07	
28	Wed	12:03	10.3	12:37	9.4	6:24	-0.7	6:34	0.0	5:22	8:06	
29	Thu	12:47	10.4	1:19	9.8	7:06	-0.8	7:21	-0.2	5:23	8:05	
30	Fri	1:32	10.4	2:03	10.0	7:49	-0.9	8:10	-0.4	5:24	8:04	
31	Sat	2:20	10.3	2:51	10.2	8:36	-0.8	9:02	-0.4	5:25	8:02	