

New Harbor, ME - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:10	10.5	1:41	9.6	7:30	-1.1	7:46	-0.5	6:14	5:26	
2	Fri	1:59	10.3	2:36	9.1	8:24	-0.8	8:39	0.0	6:12	5:27	
3	Sat	2:54	10.0	3:38	8.5	9:24	-0.4	9:38	0.5	6:11	5:28	
4	Sun	3:56	9.6	4:47	8.1	10:29	0.0	10:43	1.0	6:09	5:29	
5	Mon	5:05	9.3	6:00	7.9	11:41	0.3	11:55	1.2	6:07	5:31	
6	Tue	6:18	9.1	7:11	8.0			12:55	0.3	6:06	5:32	
7	Wed	7:28	9.2	8:14	8.3	1:09	1.1	2:01	0.1	6:04	5:33	
8	Thu	8:29	9.4	9:07	8.7	2:14	0.8	2:56	-0.1	6:02	5:35	
9	Fri	9:22	9.6	9:54	9.0	3:09	0.4	3:44	-0.3	6:00	5:36	
10	Sat	10:10	9.7	10:36	9.3	3:58	0.1	4:26	-0.3	5:59	5:37	
11	Sun	10:53	9.6	11:14	9.4	4:42	-0.1	5:05	-0.2	5:57	5:38	
12	Mon	11:33	9.4	11:49	9.4	5:23	-0.2	5:40	0.0	5:55	5:40	
13	Tue			12:11	9.1	6:01	-0.1	6:14	0.3	5:53	5:41	
14	Wed	12:23	9.4	12:48	8.8	6:38	0.0	6:48	0.6	5:51	5:42	
15	Thu	12:57	9.2	1:26	8.4	7:15	0.2	7:23	0.9	5:50	5:43	
16	Fri	1:32	9.0	2:06	8.0	7:54	0.5	8:01	1.3	5:48	5:44	
17	Sat	2:12	8.7	2:51	7.6	8:38	0.8	8:45	1.6	5:46	5:46	
18	Sun	2:57	8.4	3:42	7.3	9:26	1.1	9:33	1.9	5:44	5:47	
19	Mon	3:48	8.2	4:38	7.1	10:20	1.3	10:27	2.1	5:42	5:48	
20	Tue	4:46	8.1	5:38	7.1	11:19	1.4	11:27	2.1	5:41	5:49	
21	Wed	5:47	8.2	6:39	7.3			12:20	1.3	5:39	5:51	
22	Thu	6:48	8.5	7:33	7.8	12:30	1.8	1:18	0.9	5:37	5:52	
23	Fri	7:44	8.9	8:21	8.5	1:29	1.3	2:08	0.4	5:35	5:53	
24	Sat	8:35	9.4	9:05	9.2	2:22	0.6	2:53	-0.1	5:33	5:54	
25	Sun	9:23	9.8	9:47	9.9	3:10	-0.1	3:36	-0.5	5:31	5:55	
26	Mon	10:10	10.2	10:30	10.5	3:58	-0.8	4:19	-0.8	5:30	5:57	
27	Tue	10:58	10.3	11:15	10.9	4:45	-1.3	5:03	-1.0	5:28	5:58	
28	Wed	11:46	10.3			5:33	-1.6	5:49	-0.9	5:26	5:59	
29	Thu	12:00	11.0	12:35	10.0	6:22	-1.7	6:37	-0.7	5:24	6:00	
30	Fri	12:48	10.9	1:28	9.6	7:14	-1.5	7:27	-0.3	5:22	6:02	
31	Sat	1:40	10.6	2:25	9.1	8:10	-1.0	8:23	0.3	5:21	6:03	