

New Harbor, ME - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:36	8.0	7:00	8.9	12:30	1.2	12:40	1.4	4:59	8:24	
2	Mon	7:35	7.7	7:52	8.9	1:30	1.2	1:33	1.7	4:59	8:24	
3	Tue	8:32	7.6	8:43	8.9	2:27	1.1	2:26	1.8	5:00	8:23	
4	Wed	9:25	7.7	9:30	9.1	3:19	1.0	3:15	1.8	5:01	8:23	
5	Thu	10:12	7.8	10:14	9.2	4:05	0.8	4:00	1.7	5:01	8:23	
6	Fri	10:57	7.9	10:56	9.4	4:48	0.6	4:42	1.6	5:02	8:22	
7	Sat	11:38	8.0	11:36	9.5	5:28	0.4	5:22	1.5	5:03	8:22	
8	Sun			12:18	8.2	6:05	0.3	6:01	1.3	5:03	8:22	
9	Mon	12:14	9.6	12:55	8.4	6:41	0.1	6:40	1.2	5:04	8:21	
10	Tue	12:52	9.7	1:31	8.6	7:17	0.0	7:20	1.0	5:05	8:21	
11	Wed	1:30	9.7	2:07	8.8	7:53	-0.1	8:02	0.9	5:06	8:20	
12	Thu	2:10	9.6	2:46	9.1	8:31	-0.1	8:47	0.7	5:06	8:20	
13	Fri	2:54	9.5	3:28	9.3	9:13	-0.1	9:37	0.6	5:07	8:19	
14	Sat	3:43	9.3	4:15	9.6	9:58	0.0	10:30	0.4	5:08	8:19	
15	Sun	4:36	9.0	5:05	9.7	10:47	0.2	11:27	0.3	5:09	8:18	
16	Mon	5:34	8.7	6:00	9.9	11:40	0.4			5:10	8:17	
17	Tue	6:37	8.5	6:59	10.0	12:28	0.2	12:38	0.6	5:11	8:16	
18	Wed	7:44	8.4	8:03	10.2	1:34	0.1	1:41	0.7	5:12	8:16	
19	Thu	8:51	8.5	9:05	10.5	2:40	-0.2	2:45	0.6	5:13	8:15	
20	Fri	9:53	8.8	10:05	10.7	3:41	-0.5	3:46	0.4	5:14	8:14	
21	Sat	10:51	9.0	11:02	10.8	4:39	-0.8	4:44	0.2	5:15	8:13	
22	Sun	11:46	9.3	11:56	10.8	5:33	-1.0	5:40	0.1	5:15	8:12	
23	Mon			12:37	9.4	6:24	-1.0	6:33	0.0	5:16	8:11	
24	Tue	12:48	10.7	1:26	9.5	7:12	-0.9	7:25	0.1	5:17	8:10	
25	Wed	1:37	10.3	2:12	9.5	7:58	-0.6	8:15	0.2	5:19	8:09	
26	Thu	2:26	9.8	2:58	9.4	8:43	-0.2	9:06	0.5	5:20	8:08	
27	Fri	3:15	9.3	3:45	9.2	9:28	0.3	9:58	0.8	5:21	8:07	
28	Sat	4:07	8.7	4:33	9.0	10:14	0.8	10:51	1.0	5:22	8:06	
29	Sun	5:00	8.1	5:22	8.8	11:02	1.3	11:46	1.3	5:23	8:05	
30	Mon	5:55	7.7	6:13	8.7	11:52	1.7			5:24	8:04	
31	Tue	6:53	7.4	7:07	8.6	12:44	1.4	12:46	2.0	5:25	8:03	