


































## New Harbor, ME - Jan 2026

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Thu | 8:16  | 10.4 | 9:03  | 8.8  | 1:58  | 0.3  | 2:50  | -0.9 | 7:12  | 4:11 |    |
| 2    | Fri | 9:13  | 10.7 | 10:00 | 9.1  | 2:57  | 0.1  | 3:47  | -1.3 | 7:12  | 4:12 |    |
| 3    | Sat | 10:10 | 10.9 | 10:55 | 9.3  | 3:53  | -0.1 | 4:42  | -1.4 | 7:12  | 4:12 |    |
| 4    | Sun | 11:04 | 11.0 | 11:48 | 9.4  | 4:48  | -0.2 | 5:34  | -1.5 | 7:12  | 4:13 |    |
| 5    | Mon | 11:57 | 10.8 |       |      | 5:42  | -0.3 | 6:25  | -1.3 | 7:12  | 4:14 |    |
| 6    | Tue | 12:38 | 9.4  | 12:49 | 10.4 | 6:35  | -0.1 | 7:14  | -1.0 | 7:11  | 4:15 |    |
| 7    | Wed | 1:29  | 9.3  | 1:41  | 9.9  | 7:28  | 0.1  | 8:03  | -0.5 | 7:11  | 4:16 |    |
| 8    | Thu | 2:19  | 9.1  | 2:34  | 9.3  | 8:23  | 0.4  | 8:53  | 0.0  | 7:11  | 4:18 |    |
| 9    | Fri | 3:10  | 9.0  | 3:30  | 8.6  | 9:20  | 0.7  | 9:43  | 0.5  | 7:11  | 4:19 |    |
| 10   | Sat | 4:02  | 8.8  | 4:27  | 8.1  | 10:18 | 0.9  | 10:34 | 1.1  | 7:10  | 4:20 |    |
| 11   | Sun | 4:54  | 8.6  | 5:26  | 7.6  | 11:18 | 1.1  | 11:27 | 1.5  | 7:10  | 4:21 |    |
| 12   | Mon | 5:47  | 8.5  | 6:27  | 7.4  |       |      | 12:19 | 1.1  | 7:10  | 4:22 |   |
| 13   | Tue | 6:42  | 8.5  | 7:26  | 7.4  | 12:24 | 1.7  | 1:19  | 1.1  | 7:09  | 4:23 |  |
| 14   | Wed | 7:35  | 8.6  | 8:19  | 7.5  | 1:20  | 1.8  | 2:12  | 0.9  | 7:09  | 4:24 |  |
| 15   | Thu | 8:24  | 8.8  | 9:07  | 7.6  | 2:11  | 1.7  | 2:59  | 0.6  | 7:08  | 4:26 |  |
| 16   | Fri | 9:09  | 9.0  | 9:50  | 7.8  | 2:56  | 1.5  | 3:41  | 0.4  | 7:08  | 4:27 |  |
| 17   | Sat | 9:50  | 9.2  | 10:30 | 8.0  | 3:37  | 1.3  | 4:20  | 0.2  | 7:07  | 4:28 |  |
| 18   | Sun | 10:29 | 9.4  | 11:08 | 8.2  | 4:16  | 1.1  | 4:56  | 0.0  | 7:07  | 4:29 |  |
| 19   | Mon | 11:07 | 9.6  | 11:43 | 8.4  | 4:54  | 0.9  | 5:31  | -0.2 | 7:06  | 4:31 |  |
| 20   | Tue | 11:43 | 9.7  |       |      | 5:32  | 0.7  | 6:05  | -0.3 | 7:05  | 4:32 |  |
| 21   | Wed | 12:17 | 8.6  | 12:20 | 9.7  | 6:10  | 0.5  | 6:40  | -0.4 | 7:04  | 4:33 |  |
| 22   | Thu | 12:52 | 8.9  | 12:59 | 9.5  | 6:51  | 0.3  | 7:18  | -0.4 | 7:04  | 4:35 |  |
| 23   | Fri | 1:30  | 9.1  | 1:42  | 9.3  | 7:35  | 0.2  | 7:59  | -0.2 | 7:03  | 4:36 |  |
| 24   | Sat | 2:11  | 9.2  | 2:31  | 9.0  | 8:24  | 0.2  | 8:44  | 0.0  | 7:02  | 4:37 |  |
| 25   | Sun | 2:58  | 9.4  | 3:25  | 8.6  | 9:18  | 0.2  | 9:34  | 0.3  | 7:01  | 4:38 |  |
| 26   | Mon | 3:50  | 9.4  | 4:25  | 8.3  | 10:16 | 0.2  | 10:29 | 0.6  | 7:00  | 4:40 |  |
| 27   | Tue | 4:48  | 9.4  | 5:32  | 8.0  | 11:20 | 0.2  | 11:31 | 0.8  | 6:59  | 4:41 |  |
| 28   | Wed | 5:52  | 9.5  | 6:44  | 8.0  |       |      | 12:30 | 0.1  | 6:58  | 4:43 |  |
| 29   | Thu | 7:01  | 9.7  | 7:53  | 8.2  | 12:39 | 0.8  | 1:39  | -0.2 | 6:57  | 4:44 |  |
| 30   | Fri | 8:06  | 10.0 | 8:55  | 8.5  | 1:47  | 0.7  | 2:42  | -0.6 | 6:56  | 4:45 |  |
| 31   | Sat | 9:07  | 10.3 | 9:51  | 8.9  | 2:49  | 0.3  | 3:39  | -0.9 | 6:55  | 4:47 |  |