

































New Harbor, ME - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:01	9.9	9:39	9.0	2:44	0.4	3:27	-0.6	6:14	5:26	
2	Mon	9:54	10.1	10:26	9.4	3:39	0.0	4:15	-0.8	6:12	5:27	
3	Tue	10:42	10.1	11:10	9.6	4:29	-0.3	4:59	-0.8	6:10	5:28	
4	Wed	11:27	10.0	11:50	9.7	5:16	-0.5	5:40	-0.6	6:09	5:30	
5	Thu			12:10	9.7	5:59	-0.5	6:18	-0.3	6:07	5:31	
6	Fri	12:28	9.7	12:51	9.2	6:41	-0.3	6:55	0.1	6:05	5:32	
7	Sat	1:05	9.5	1:33	8.7	7:22	-0.1	7:33	0.6	6:03	5:34	
8	Sun	1:44	9.2	3:17	8.2	9:05	0.3	9:14	1.1	7:02	6:35	
9	Mon	3:25	8.8	4:05	7.7	9:51	0.7	9:58	1.6	7:00	6:36	
10	Tue	4:12	8.5	4:57	7.3	10:42	1.1	10:48	1.9	6:58	6:37	
11	Wed	5:05	8.2	5:55	7.1	11:38	1.4	11:44	2.2	6:56	6:39	
12	Thu	6:03	8.0	6:58	7.0			12:40	1.5	6:54	6:40	
13	Fri	7:06	8.0	7:59	7.1	12:45	2.2	1:44	1.4	6:53	6:41	
14	Sat	8:07	8.2	8:53	7.5	1:49	2.1	2:40	1.1	6:51	6:42	
15	Sun	9:00	8.6	9:38	8.0	2:45	1.7	3:27	0.7	6:49	6:44	
16	Mon	9:47	9.0	10:18	8.5	3:33	1.1	4:07	0.3	6:47	6:45	
17	Tue	10:30	9.4	10:56	9.1	4:17	0.6	4:45	-0.1	6:45	6:46	
18	Wed	11:11	9.7	11:34	9.7	4:59	0.0	5:23	-0.4	6:44	6:47	
19	Thu	11:53	9.9			5:42	-0.5	6:01	-0.6	6:42	6:48	
20	Fri	12:12	10.1	12:36	9.9	6:25	-0.9	6:41	-0.6	6:40	6:50	
21	Sat	12:52	10.4	1:21	9.8	7:10	-1.2	7:24	-0.5	6:38	6:51	
22	Sun	1:34	10.5	2:08	9.5	7:57	-1.2	8:10	-0.2	6:36	6:52	
23	Mon	2:20	10.4	3:00	9.1	8:47	-0.9	9:00	0.2	6:35	6:53	
24	Tue	3:12	10.1	3:59	8.6	9:44	-0.6	9:57	0.6	6:33	6:55	
25	Wed	4:12	9.7	5:05	8.2	10:47	-0.1	11:00	1.0	6:31	6:56	
26	Thu	5:20	9.4	6:16	8.0	11:56	0.2			6:29	6:57	
27	Fri	6:33	9.2	7:28	8.1	12:11	1.2	1:09	0.3	6:27	6:58	
28	Sat	7:46	9.2	8:35	8.4	1:26	1.2	2:19	0.2	6:25	6:59	
29	Sun	8:52	9.3	9:31	8.8	2:37	0.9	3:18	0.0	6:24	7:01	
30	Mon	9:49	9.5	10:20	9.3	3:37	0.4	4:08	-0.1	6:22	7:02	
31	Tue	10:40	9.6	11:04	9.6	4:28	0.0	4:53	-0.2	6:20	7:03	