US HARBORS www.USHarbors.com

New Harbor, ME - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:20	9.5	1:02	8.2	6:50	0.3	6:46	1.5	4:59	8:24	
2	Thu	12:57	9.5	1:38	8.2	7:24	0.3	7:23	1.4	5:00	8:24	
3	Fri	1:33	9.4	2:14	8.3	7:59	0.3	8:03	1.4	5:00	8:23	
4	Sat	2:11	9.3	2:50	8.5	8:35	0.3	8:44	1.3	5:01	8:23	
5	Sun	2:51	9.2	3:29	8.7	9:13	0.3	9:30	1.2	5:02	8:23	
6	Mon	3:35	9.0	4:11	9.0	9:54	0.4	10:19	1.0	5:02	8:22	
7	Tue	4:24	8.8	4:56	9.2	10:39	0.5	11:12	0.8	5:03	8:22	
8	Wed	5:17	8.6	5:45	9.5	11:27	0.6			5:04	8:22	
9	Thu	6:15	8.4	6:39	9.8	12:09	0.6	12:20	0.7	5:04	8:21	
10	Fri	7:18	8.4	7:38	10.1	1:10	0.3	1:19	0.7	5:05	8:21	
11	Sat	8:24	8.5	8:39	10.4	2:14	0.0	2:20	0.6	5:06	8:20	
12	Sun	9:27	8.7	9:39	10.8	3:16	-0.4	3:21	0.4	5:07	8:20	
13	Mon	10:27	8.9	10:38	11.0	4:15	-0.8	4:20	0.2	5:08	8:19	
14	Tue	11:25	9.2	11:35	11.2	5:12	-1.1	5:18	0.0	5:08	8:18	
15	Wed			12:20	9.5	6:07	-1.3	6:15	-0.1	5:09	8:18	
16	Thu	12:31	11.1	1:14	9.6	7:00	-1.3	7:10	-0.2	5:10	8:17	
17	Fri	1:25	10.9	2:05	9.7	7:50	-1.1	8:05	-0.1	5:11	8:16	
18	Sat	2:18	10.4	2:56	9.7	8:40	-0.8	9:01	0.2	5:12	8:15	
19	Sun	3:12	9.9	3:48	9.6	9:30	-0.3	9:58	0.4	5:13	8:15	
20	Mon	4:08	9.2	4:40	9.4	10:21	0.3	10:56	0.7	5:14	8:14	
21	Tue	5:05	8.6	5:31	9.2	11:12	0.8	11:55	0.9	5:15	8:13	
22	Wed	6:03	8.1	6:24	9.0			12:04	1.3	5:16	8:12	
23	Thu	7:03	7.7	7:19	8.9	12:55	1.1	12:59	1.7	5:17	8:11	
24	Fri	8:03	7.6	8:14	8.8	1:56	1.1	1:57	1.9	5:18	8:10	
25	Sat	8:59	7.6	9:06	8.9	2:53	1.1	2:51	1.9	5:19	8:09	
26	Sun	9:50	7.7	9:54	9.1	3:44	0.9	3:40	1.8	5:20	8:08	
27	Mon	10:36	7.8	10:37	9.3	4:29	0.7	4:24	1.6	5:21	8:07	
28	Tue	11:18	8.0	11:18	9.4	5:09	0.5	5:04	1.5	5:22	8:06	
29	Wed	11:57	8.2	11:56	9.6	5:47	0.4	5:43	1.3	5:23	8:05	
30	Thu			12:33	8.4	6:21	0.2	6:21	1.1	5:24	8:04	
31	Fri	12:33	9.6	1:07	8.6	6:54	0.1	6:59	0.9	5:25	8:03	